

# Alabama Hustle

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Jan Brookfield (UK)  
音樂: Re-Invent The Wheel - Alabama



## WALK, WALK, COASTER, WALK, WALK, SIDE-ROCK-CROSS

1-2            Walk forward on right, left  
3&4           Step back on right, step left next to right, step right forward  
5-6           Walk forward on left, right  
7&8           Step left to side, rock onto right, step left across in front of right

## STEP, HEEL SWIVELS WITH TURNS, KICK

9-10           Step right to side, keeping weight on right swivel both heels to right  
**You will be facing 9:00, quarter left from original wall**  
11&12        Transfer weight to left, swivel both heels left - right - left making half turn right  
&            Low kick right forward  
**You will now be facing 3:00, quarter right from original wall**

## COASTER, HIP ROCKS

13&14        Step back on right, step left next to right, step right forward  
15&           Touch left toe forward, rocking hips forward & back  
16&           Touch left toe back, rocking hips back & forward  
**Weight remains on right**

## STEP, TOUCH, TWO HALF TURN SHUFFLES TRAVELING BACK, COASTER

17-18        Step forward on left, touch right toes next to left  
19&20        Making half turn over right shoulder, shuffle back on right, left, right  
21&22        Making another half turn over right shoulder, shuffle back on left, right, left  
23&24        Step back on right, step left next to right, step right forward

## POINT, CROSS, TOUCH OUT-FORWARD-OUT-BEHIND

25-26        Touch left toes to side, step left across in front of right  
27&           Touch right toes out to side, then touch forward in front of left  
28&           Touch right toes out to side, then touch back behind left

## STEP, TOUCH, FULL TURNING SHUFFLE

29-30        Step right to side, touch left toes next to right  
31&32        Shuffle on left, right, left making a full turn over left shoulder  
**Dancers who dislike fast turns may prefer to do a shuffle left, right, left on the spot**

**REPEAT**

---