

拍數: 72      牆數: 2      級數: Intermediate  
編舞者: Raunchy Rachel (UK)  
音樂: Alive - Celine Dion



## **SIDE ROCK AND CROSS TWICE, LOCK STEP BACK, ½ TURN LEFT, LOCK FORWARD**

1&2      Rock right to right side and recover, cross step right over left  
3&4      Rock left to left side and recover, cross step left over right  
5&6      Step back on right, lock left over right, step back on right  
7&8      Step forward on left forward as make a ½ turn left, lock right behind left, step forward on left

## **SIDE ROCK BEHIND SIDE CROSS TWICE**

1-2      Rock right to right side and recover weight onto left  
3&4      Step right behind left, step left to left side, cross step right over left  
5-6      Side rock left to left side and recover weight onto right  
7&8      Step left behind right, step right to right side, cross step left over right

## **SHUFFLE FORWARD, RONDE AND CROSS STEP, LOCKSTEP BACK, ¼ TURN LEFT, LOCKSTEP FORWARD LEFT**

1&2      Step forward on right, step left beside right foot, step forward on right  
3-4      Ronde left foot to left side and cross step left over right  
5&6      Step back on right, lock left in front of right, step back on right  
7&8      Step forward on left as make a ¼ turn to the left, lock right behind left, step forward on left

## **KICK AND SIDE ROCKS TWICE, CROSS STEP BEHIND AND POINT TWICE**

1&2&      Kick right foot forward, step right beside left, rock left out to left side and recover weight onto right  
3&4&      Kick left foot forward, step left beside right, rock right out to right side and recover weight onto left  
5-6      Cross step right behind left foot, point left foot to left side and click fingers  
7-8      Cross step left behind right foot, point right foot to right side and click fingers

## **CROSS BEHIND UNWIND, ½ TURN SWIVELS, POINT BEHIND UNWIND, HITCH**

1-2      Cross right behind left and unwind ½ turn to the right  
3&4      Swivel heels to the right twice making a ½ turn to the left, transferring weight onto right foot  
5-6      Point left toe back and unwind ½ turn left transferring weight onto left foot  
7-8      Hitch right across body angling body slightly left, step right to right side so feet are slightly apart

## **HIP ROLL COASTER STEP TWICE**

1-2      Place left toe forward, sway hips diagonally to the left leaning onto the left toe, recover weight onto right as swing hips back  
3&4      Step back on left, step right next to left, step forward on left  
5-6      Place right toe forward, sway hips diagonally to the right leaning onto the right toe, recover weight onto left as swing hips back  
7&8      Step back on right, step left next to right, step forward on right

## **BEHIND, SIDE STEP ¼ TURN RIGHT, SYNCOPATED ½ TURN TO RIGHT, HEEL DIGS, SIDE ROCK LEFT**

1-2      Cross step left behind right, step right to right side making a ¼ turn right  
3&4      Step forward on left beginning to make a ½ turn right, step right foot in place next to left foot completing the turn, touch left toe in place next to right

- 5&6& Dig left heel forward, recover weight onto left foot and dig right heel forward, recover weight onto right foot  
7-8 Rock left to left side, recover weight onto right

### **CROSS SHUFFLE, HEEL DIGS, SIDE ROCK RIGHT, CROSS SHUFFLE**

- 1&2 Cross step left over right, step right to right side, cross step left over right  
3&4& Dig right heel forward, recover weight onto right foot and dig left heel forward, recover weight onto left foot  
5-6 Rock right to right side, recover weight onto left  
7&8 Cross step right over left, step left to left side, cross step right over left

### **KICK, CROSS UNWIND, BALL CHANGE, ½ PIVOT TURN, SCUFF HITCH TOUCH**

- 1 Kick left foot forward slightly to the left  
2-3 Cross left over weight and unwind making a ½ turn right transferring weight onto left foot  
&4 Step back on right toe and step forward left  
5-6 Step right forward, pivot ½ turn left, step forward on left  
7&8 Scuff right foot forward, hitch right knee, stomp right beside left keeping weight on left foot ready to begin dance again!

### **REPEAT**

### **TAG**

**Danced once at end of third wall (you will be facing the back wall)**

- 1-2 Skate right to right side, skate left to left side  
3&4 Chasse right: step right to right side, step left beside right, step right to right side  
5-6 Skate left to left side, skate right to right side  
7&8 Chasse left: step left to left side, step right beside left, step left to left side.  
9-10 Step right to right side, touch left toe behind right

**Styling: swing arms round in a circle to the left**

- 11-12 Step left to left side, touch right toe behind left

**Styling: swing arms round in a circle to the right**

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