

All Alone

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Terry Mchugh (UK)
音樂: We're All Alone - Newton



SIDE TURN ¼, RIGHT SHUFFLE, ROCK STEP, COASTER STEP

1-2 Rock right foot to right side, rock weight onto left making ¼ turn left
3&4 Shuffle forward, right, left, right
5-6 Rock forward on left, rock back on right
7&8 Step back left, step right next to left, step forward on left

ROCK STEP, TURN STEP, SKATE STEPS TWICE, KICK BALL TURN

1-2 Rock forward on right, rock back on left
3-4 Turn ½ turn right stepping forward on right, step left foot beside right
5-6 Skate forward right, left
7&8 Kick right foot forward, step ball of right foot next to left, step left foot making ¼ turn left

SKATE STEPS TWICE, CROSSING MAMBO STEPS TWICE, STEP ½ PIVOT

1-2 Skate forward right, left
3&4 Cross right foot over left, step left to the left side, step right foot next to left (traveling forward)
5&6 Cross left foot over right, step right to right side, step left next to right (traveling forward)
7-8 Step forward on right, pivot ½ turn left

KICK BALL CROSS, ¼ TURN SHUFFLE, STEP ½ PIVOT, SHUFFLE FORWARD

1&2 Kick right foot forward, step ball of right foot next to left, cross left foot over right
3&4 Making a ¼ turn right, shuffle forward right, left, right
5-6 Step forward left, pivot ½ turn right
7&8 Shuffle forward, left, right, left

REPEAT
