

All The Way

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Dawn Sherlock (UK) & Mark Furnell (UK)
音樂: All the Way - Craig David



KICK, OUT, OUT, HIP ROLLS, HIP BUMPS FORWARD AND BACK

- 1&2 Kick right forward, step right out to side, step left out to side
- 3-4 Roll hips anti clock wise making a $\frac{1}{4}$ turn left over 2 counts (weight stays on right)
- 5-6 Bump hips forward over left, bump hips back over right
- 7&8 Bump hips forward, back, forward (weight goes onto left)

KICK, CROSS, TOUCH, HEELS TWISTS, KICK CROSS POINT, KICK CROSS POINT

- 1&2 Kick right forward, cross right over left, touch left back
- 3&4 Twist heels right left right making $\frac{1}{2}$ turn left (weight stays back on right)
- 5&6 Kick left forward, cross left over right, point right to right side
- 7&8 Kick right forward, cross right over left, point left to left side

BALL, CROSS, $\frac{1}{4}$ TURN, KICK AND TOUCH, PRESS, PUSH, CROSS, OUT, OUT

- &1-2 Step onto ball of left foot, cross right over left, make $\frac{1}{4}$ turn right stepping back on left
- 3&4 Kick right forward, step back onto right behind left, touch left toe forward
- 5-6 Press weight onto ball of left, push weight back onto right as you kick left forward
- 7&8 Cross left over right, step right back, step left to side

BENDS KNEES, FLICK, BEHIND SIDE CROSS, TOUCH, FLICK, SLOW JAZZ BOX $\frac{1}{4}$ TURN LEFT

- &1-2 Bends right knee in towards left, bend left knee in towards right, kick right out to side
- 3&4 Cross right behind left, step left to side, cross right over left
- &5-6 Touch left beside right, flick left out to left side, cross left over right
- 7-8 Make $\frac{1}{4}$ turn left stepping back on right, step left to side

REPEAT
