All Through The Night



拍數: 32 編數: 2 級數: Intermediate

編舞者: Roz Morgan (USA)

音樂: The One - Backstreet Boys



TOE TOUCHES, SHUFFLES

Touch left toe forward, touch left toe next to right footTouch left toe forward, touch left toe next to right foot

5&6 Shuffle forward left, right, left7&8 Shuffle forward right, left, right

KICK, STEP BACK, TOUCH, RIGHT HIP BUMPS, STEP TOUCHES

1&2 Kick left foot forward, step back on left foot, touch right foot next to left foot

3& Bump hips right, return hips to center

Bump hips right as you step the right foot to the right
Step left foot across right foot, step right foot in place
Step left foot to left side, step right foot in place
Step left foot back, step right foot in place

8 Step left foot next to right foot (left foot takes weight)

STEP TOUCHES, PIVOT ½ TURN, SHUFFLE ½ TURN

Step right foot across left foot, step left foot in placeStep right foot to right side, step left foot in place

3& Step right foot back, step left foot in place

4 Step right foot next to left foot (right foot takes weight)

5-6 Step forward on left foot, pivot ½ turn right as you step on right foot

7&8 Shuffle ½ turn to right as you step left, right, left (completes full turn with pivot)

MAMBO BACK, MAMBO FORWARD, MAMBO CROSS, 1/4 TURN HEEL POPS

Step back on right foot, step left foot in place, step right foot next to left foot
 Step left foot forward, step right foot in place, step left foot next to right foot
 Step right foot to right side, step left foot in place, cross right foot over left foot

7-8 Lift both heels as you make ¼ turn to left, repeat ¼ turn to complete ½ turn (weight on right

foot)

REPEAT