All-Right-A

拍數: 48

級數: Intermediate

編舞者: Michael Barr (USA)

音樂: In the Summertime - Mungo Jerry

CROSS OVER, RETURN, SIDE-TOGETHER-SIDE TO THE LEFT, REPEAT RIGHT 1-2 Cross-step left over right facing body at right diagonal (lift right foot off floor), return onto right in place 3&4 Step left side left, step right next to left, step left side left 5-6 Cross-step right over left facing body at left diagonal (lift left foot off floor), return onto left in place 7&8 Step right side right, step left next to right, step right side right ROCK FORWARD, RETURN, ½ TURN-TOGETHER-FORWARD, FORWARD, ½ PIVOT, SHUFFLE FORWARD 1-2 Rock-step forward onto left (lift right foot off floor), return onto right in place 3&4 Step left back beginning a ¹/₂ turn left, step right next to left finishing turn, step left forward 5-6 Step right forward, pivot ½ turn to the left bringing weight forward onto left foot 7&8 Step right forward, step left next to right, step right foot forward and slightly side right on the right diagonal Styling note: Hesitate just a little after count 6 and then do the 7&8 like you are having to RUN to catch up CROSS, ¼ LEFT, COASTER STEP, FORWARD, ½ RIGHT, COASTER STEP 1-2 Cross step left over right (look over left shoulder), making a ¹/₄ turn left take a big step back on the right foot (9:00) 3&4 Step ball of left foot back, step ball of right foot next to left, step left forward Step right forward (look over right shoulder), making a ¹/₂ turn right take a big step back on 5-6 the left foot 7&8 Step ball of right foot back, step ball of left foot next to right, step right forward ROCK, RETURN, CROSS-BALL-CHANGE, CROSS-BALL-¼ RIGHT, FORWARD, ½ PIVOT 1-2 Rock-step forward onto left (lift right foot off floor), return onto right in place 3&4 (Sailor shuffle) Cross-step ball of left behind right, step ball of right next to left, step left side left 5&6 Cross-step ball of right behind left, step ball of left next to right, step right side right into 1/4 turn to the right 7-8 Step left forward, keep left & right in place, pivot ½ turn right, bring weight forward onto right foot (12:00) ROCK, RETURN, CROSS-BALL-CHANGE, CROSS-BALL-¼ RIGHT, FORWARD, ½ PIVOT 1-8 Repeat previous 8 counts End facing 1/4 left of starting wall ROCK, RETURN, ½ TURN-TOGETHER-FORWARD, FORWARD ¾ TURN TWIST, SIDE-CROSS-SIDE 1-2 Rock-step forward onto left (lift right foot off floor), return onto right in place

- 3&4 Step left back beginning a 1/2 turn left, step ball of right foot next to left finishing turn, step left forward
- 5-6 Step right forward, keep right & left in place, pivot ³/₄ turn left

Ending in crossed position (left over right, weight is left)

- Twist as much as feels comfortable. Adjust as needed on count 7 to bring you to the back wall.
- 7&8 Step right side right, cross step left over right, step right side right

These travel to the side, not the diagonal





牆數:2

REPEAT