

# Almamater (P)

**COPPER KNOB**  
STEPPERS

拍數: 48      牆數: 0      級數: Partner  
編舞者: The Dancin Dudes  
音樂: HeartBreak School - James Bonamy



**Position: Right Open Promenade (Holding Inside Hands)**  
**Man's steps are shown. Lady's steps are opposite foot**

## **STEP, SLIDE, STEP, SCUFF - STEP SLIDE, STEP, SCUFF**

**Hands: hold inside hands**

- 1-2      Left step forward - slide right up to left
- 3-4      Left step forward - scuff right forward
- 5-6      Right step forward - slide left up to right
- 7-8      Right step forward - scuff left forward

## **STEP ¼ TURN, CROSS SHUFFLE - SIDE, ROCK, SAILOR STEP**

**Hands: join both hands on ¼ turn - facing partner**

- 9-10      Left step forward - make ¼ turn right (weight on right)
- 11&12      Left cross shuffle to right (left-right-left)
- 13-14      Right step to the side - rock weight onto left
- 15&16      Right step behind left - left step to the side (&) - right step to the side

## **WALK, WALK, ½ TURN, TOUCH - WALK, WALK, ¼ TURN, TOUCH**

**Hands: man turns under his right arm releasing left hand on ½ turn - turning lady under his right arm & ¼ turn**

- 17-18      Left step forward - right step forward
- 19-20      Left step forward making ½ turn right - touch right toe beside left (facing partner)
- 21-22      Right step forward - left step forward
- 23-24      Right step ¼ turn right - touch left toe beside right (LOD)

## **SHUFFLE FORWARD, STEP, SCUFF - SHUFFLE FORWARD, STEP, SCUFF**

**Hands: hold inside hands**

- 25&26      Left shuffle forward (left-right-left)
- 27-28      Right step forward - scuff left forward
- 29&30      Left shuffle forward (left-right-left)
- 31-32      Right step forward - scuff left forward

## **STEP PIVOT ½ TURN, SHUFFLE FORWARD - STEP PIVOT ½ TURN SHUFFLE FORWARD**

**Hands: release hands joining opposite hands on pivot turns**

- 33-34      Left step forward - make ½ turn right (weight forward) (RLOD)
- 35&36      Left shuffle forward (left-right-left)
- 37-38      Right step forward - make ½ turn left (weight forward) (LOD)
- 39&40      Right shuffle forward (right-left-right)

## **WALK, WALK, WALK, WALK - STOMP, STOMP, KICK, KICK**

**Hands: hold inside hands**

- 41-42      Left step forward - right step forward
- 43-44      Left step forward - right step forward
- 45-46      Stomp left twice
- 47-48      Kick left forward (option: touch foot with partners)

**REPEAT**

