Almost Here



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Maureen Jones (UK) & Michelle Jones (UK)

音樂: Almost Here - Brian McFadden & Delta Goodrem



CROSS, SIDE, BACK ROCK, 1/4 TURN-BACK, BACK ROCK WITH TOUCH, SHUFFLE,

1-2 Step right across left, step left to left

Rock right behind left, recover onto left, make ¼ turn left and step right back 5-6

Rock left back and touch right toe slightly forward, recover forward onto right

7&8 Shuffle forward stepping left, right, left

SWEEP-¼ TURN, CROSS SHUFFLE, SIDE ROCK-CROSS, SWEEP, CROSS SHUFFLE, SIDE ROCK, ½ HINGE TURN-SIDE, ½ HINGE TURN

&9&10 Sweep right out and round to front making ¼ turn left, step right across left, step left beside

right, step right across left

11&12 Rock left to left, recover onto right, step left across right

&13&14 Sweep right out and round to front, step right across left, step left beside right, step right

across left

15&16& Rock left to left, recover onto right, make ½ turn left and step left to left, make ½ turn left

Easier option

15&16 Rock left to left, recover onto right, step left across right

SIDE ROCK-TOGETHER, SIDE ROCK, ¼ TURN, BACK, BACK ROCK WITH TOUCH, SWEEP, CROSS, BACK

17-18& Rock right to right, recover onto left, step right beside left

19-20& Rock left to left, recover onto right starting to make ¼ turn left, step left beside right

completing ¼ turn left

21-22 Step right back, rock left back and touch right toe slightly forward

23-24& Recover forward onto right and sweep left forward, step left across right, step right back

LEFT, CROSS ROCK, ¼ TURN-STEP, ROCK, DIAGONAL SLIDES BACK, ¼ TURN-SLIDE BACK, BACK, TOGETHER

25-26& Step left to left, rock right across left, recover onto left

27-28& Make ¼ turn right and step right forward, rock left forward, recover onto right

29-30 Slide left diagonally back left, slide right diagonally back right

31-32& Make ¼ turn right and slide left back, step right back, step left beside right

REPEAT