A (In The Water)



拍數: 0 牆數: 1 級數: Intermediate

編舞者: John Robinson (USA) & Pepper Siguieros (USA)

音樂: Somethin' In the Water - Jeffrey Steele



Sequence: A = Main Dance; B = Kicks; C = Twists. The sequence is B (intro), AB, AAC, B, AAC, AAC, AAC, B, AAB. On the Jeffrey Steele version, start your first B after he says, "must be something in the water." On the River Road version, you must start part B immediately or skip it and start with the first A

PART A

TOE FANS TWICE, RIGHT THEN LEFT

1-2	Right toe fan	out to right side.	, return right toe to cente	r

3-4 Right toe fan out to right side, return right toe to center, placing weight on right foot

5-6 Left toe fan out to left side, return left toe to center

7-8 Left toe fan out to left side, return left toe to center, placing weight on left foot

RIGHT HEEL, TOE, HEEL, HOOK MAKING 1/4 TURN RIGHT, RIGHT STEP FORWARD, LEFT SLIDE, RIGHT STEP FORWARD, LEFT STOMP UP

1-2 Right heel tap diagonally forward 45 degrees right, right touch next to left turning toe in

toward left foot

3-4 Right heel tap diagonally forward 45 degrees right, right hook across left knee as you pivot 1/4

turn right

5-6 Step right forward, left slide next to right

7-8 Step right forward, left heel scuff next to right

LEFT ROCK-RECOVER FORWARD & BACK, LEFT STEP FORWARD, HOLD, PIVOT ¼ TURN RIGHT, HOLD

1-2	Left rock ball of foot forward, recover weight to right
3-4	Left rock ball of foot back, recover weight to right

5-6 Step left forward, hold position

7-8 Pivot ¼ turn right shifting weight to right foot, hold position

FORWARD & BACK HEEL ROCKS WEAVING RIGHT

1-2	Left rock heel of foot forward in front of right, recover to right stepping slightly side right
3-4	Left rock heel of foot back behind right, recover to right stepping slightly side right
5-6	Left rock heel of foot forward in front of right, recover to right stepping slightly side right

7-8 Left step slightly back, right touch next to left

PART B

SIDE STEPS AND KICKS (RIGHT THEN LEFT), RIGHT SIDE-TOGETHER-SIDE, LEFT KICK ACROSS

1-2	Right step side right, left kick across right
3-4	Left step side left, right kick across left
5-6	Right step side right, left slide next to right
7-8	Right step side right, left kick across right

SIDE STEPS AND KICKS (LEFT THEN RIGHT), LEFT SIDE-TOGETHER-SIDE, RIGHT STOMP UP

1-2	Left step side left, right kick across left
3-4	Right step side right, left kick across right
5-6	Left step side left, right slide next to left
7-8	Left step side left, right stomp up next to left

PART C

HEEL TWISTS IN PLACE

1-2	I wist heels right, rolling left shoulder back, hold position
3-4	Twist heels left, rolling right shoulder back, hold position
5	Twist hools right handing knoos so hady starts "sinking" d

Twist heels right bending knees so body starts "sinking" down,
Twist heels left bending knees a bit more to sink farther down

7-8 Twist heels right, straightening up slightly so body starts rising up, twist heels left,

straightening up all the way and finishing with weight on left foot

Styling option: for fun, hold your nose like you're going down in the water

One time only (as explained in sequence above), you will do a C-. When this occurs, drop counts 1-4 and just do the "down, down, up, up."