

# About Time (P)

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 0      級數: Partner  
編舞者: Jacquie Winchester (UK) & Stacey Davies (UK)  
音樂: Sweet Maria - The Cheap Seats



## MAN:

### Start facing OLOD in open double hand hold

- 1-4      Rock forward on left, rock back on right, step left on left, hold  
5-8      Rock back on right, rock forward on left, (release right hand) turning  $\frac{1}{4}$  to right step forward on right, hold (release left hand)
- 9-12      Step forward on left, pivot  $\frac{1}{2}$  to right, (rejoin inside hands) step left on left, hold  
13-16      Rock back on right, rock forward on left, (release hands) step right on right (end behind lady in tandem position holding both hands over lady shoulder), hold
- 17-20      Sway hips left, sway hips right, (release both hands) step left on left (rejoin inside hands), hold
- 21-24      Rock back on right, step forward on left, step forward on right, lock left behind right
- 25-28      Step forward on right, step forward on left, lock right behind left, step forward on left  
29-32      Rock forward on right, rock back on left, step back on right, hold
- 33-36      Rock back on left, rock forward on right, step forward on left, hold  
37-40      Step forward on right, (release hands) pivot  $\frac{1}{2}$  turn left, turning  $\frac{1}{4}$  to left (end facing partner) step right on right, hold (pick up lady left hand in man right hand)
- 41-44      Rock back on left, rock forward on right, (rejoin both hands in starting position) step left on left, hold  
45-48      Step right on right, hold, step left on left, step right beside left

## REPEAT

## LADY:

### Start facing ILOD in open double hand hold

- 1-4      Rock back on right, rock forward on left, step right on right, hold  
5-8      Rock forward on left, rock back on right, (release left hand) turning  $\frac{1}{4}$  to left step forward on left, hold (release right hand)
- 9-12      Step forward on right, pivot  $\frac{1}{2}$  to left, (rejoin inside hands) step right on right, hold  
13-16      Rock back on left, rock forward on right, (release hands) step left on left (end in front of man in tandem position holding both hands over lady shoulder), hold
- 17-20      Sway hips right, sway hips left, (release both hands) step right on right (rejoin inside hands), hold
- 21-24      Rock back on left, step forward on right, step forward on left, lock right behind left
- 25-28      Step forward on left, step forward on right, lock left behind right, step forward on right  
29-32      Rock forward on left, rock back on right, step back on left, hold
- 33-36      Rock back on right, rock forward on left, step forward on right, hold

- 37-40 Step forward on left, (release hands) pivot  $\frac{1}{2}$  turn right, turning  $\frac{1}{4}$  to right (end facing partner), step left on left, hold (rejoin left hand in man right hand)
- 41-44 Rock back on right, rock forward on left, (rejoin both hands in starting position) step right on right, hold
- 45-48 Step left on left, hold, step right on right, step left beside right

**REPEAT**

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