

Adelita

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate mambo
編舞者: Jos Slijpen (NL)
音樂: Adelita - Sergent Garcia



MAMBO ROCK, COASTER STEP, ROCK-RECOVER-½ TURN RIGHT, LOCK SHUFFLE

1&2 Rock right forward, rock back onto left, close right beside left
3&4 Step back left, close right beside left, step forward right
5&6 Rock right forward, recover weight on left, make ½ turn right stepping forward right
7&8 Step right forward, cross left behind right, step right forward

ROCK-RECOVER-CROSS, ¾ TURN RIGHT, STEP FORWARD LEFT, LOCK SHUFFLE, MAMBO ROCK

9&10 Rock right to right side, rock back onto left, cross right over left
11&12 Make ¼ turn right stepping back on left, make ½ turn right stepping forward right, step forward left
13&14 Step right forward, cross left behind right, step right forward
15&16 Rock right forward, rock back onto left, close left beside right

LOCK SHUFFLE BACK, ¾ TURN LEFT, CROSS SHUFFLE, ROCK-RECOVER-CROSS

17&18 Step right back, cross left over right, step right back
19&20 Make ¼ turn left stepping left to side, close right beside left, make ½ turn left stepping forward onto left
21&22 Cross right over left, step left slightly to left, cross right over left
23&24 Rock left to left side, rock onto right in place, cross left over right

CHASSE WITH ¼ TURN RIGHT, ½ PIVOT TURN RIGHT, STEP FORWARD LEFT, ½ TURN LEFT (X3), COASTER STEP

25&26 Step right to right side, close left beside right, make ¼ turn right stepping forward onto right
27&28 Step forward left, pivot ½ turn right, step forward left
29&30 Make ½ turn left stepping back onto right, make ½ left stepping forward onto left, make ½ turn left stepping back onto right
31&32 Step left back, close right beside left, step left forward

REPEAT
