

My Lovely

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Alison Carrington (UK) & Davy Barker (UK)
音樂: Where Do You Go - No Mercy



Wait for heavy drum beat and count 32 counts then group will sing 'I Wanna Know'. Then count 1,2,3,4,5,6,7,8 then begin dance (37 seconds into the track)

STEP, KICK, TURN ½, STEP BACK, LEFT COASTER STEP, KICK TWICE

1-2-3-4 Step left forward, kick right forward, turn ½ left (weight to left), step right back
5&6-7-8 Step left back, step right back, step left forward, kick right forward, kick right forward

SIDE ROCK, RECOVER, ROCK BEHIND, TOUCH, BEHIND & SWEEP ½ TURN

1-2-3-4 Rock right to side, recover onto left, cross right behind left, touch left to side
5-6-7-8 Cross left behind right, sweep right back to front and turn ½ right over 3 counts (weight to right)

DIAGONAL FORWARD, BACK, TRIPLE STEP, STEP DIAGONAL BACK, FORWARD, TRIPLE STEP

1-2-3&4 Rock left diagonally forward and bump hips left, recover onto right, step left together, step right in place, step left in place
5-6-7&8 Rock right diagonally back and bump hips right, recover onto left, step right together, step left in place, step right in place

DIAGONAL FORWARD, BACK, TRIPLE STEP, DIAGONAL BACK, FORWARD, TRIPLE STEP

1-2-3&4 Rock left diagonally forward and bump hips right, recover onto right, step left together, step right in place, step left in place
5-6-7&8 Rock right diagonally back and bump hips right, recover onto left, step right together, step left in place, step right in place

Restart here on wall 2

ROCK FORWARD & BACK, TURN ½ LEFT, FULL TURN LEFT, MAMBO FORWARD & TOGETHER

1-2-3&4 Rock left forward, recover onto right, shuffle back turning ½ left stepping left, right, left
5-6-7&8 Turn ½ turn left and step right back, turn ½ turn left and step left forward, rock right forward, recover onto left, step right together

ROCK, RECOVER, SIDE ROCK, TURN ½ RIGHT, ¼ SAILOR RIGHT, LOCK STEP FORWARD

1-2-3&4 Rock left back, recover to right, rock left to side, recover to right, turn ½ right and step left to side
5&6 Turn ¼ right and sailor step right, left, right
7&8 Step left forward, lock right behind left, step left forward

ROCK FORWARD, BACK & SHUFFLE BACK, SHUFFLE BACK, & UNWIND TURN ½

1-2-3&4 Rock right forward, recover to left, step right back, step left back, step right back
5&6-7-8 Step left back, step right back, step left back, unwind ½ right (weight to right)

REPEAT

RESTART: Dance the first 32 counts of wall 2 (facing 9:00). Then on counts 1,2,3,4 rock left forward, recover onto right, make turn ¼ to left stepping on left, step right together (facing 6:00) then begin dance again

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