# This Life

## COPPER KNOB

拍數: 48

級數: Intermediate/Advanced

編舞者: Alan Birchall (UK) - July 2007

音樂: This Life - LeAnn Rimes : (CD: Whatever We Wanna)

牆數:4

## Start: On Lyrics. Seconds: 14 Secs. Count: 24

#### BASIC BACKWARDS, ½ TURN, STEP

- 1-2-3 Step Back On Right, Left By Right, Step Right In Place
- 4-5 Making ¼ Turn Left Step Forward On Left, Making ¼ Turn Left Step Back On Right (6 ?0?Clock)
- 6 Step Back On Left

#### **RIGHT TWINKLE, ¼ TURNING TWINKLE**

- 7-8 Travelling Slightly Backwards Cross Right Over Left, Step Left To Left,
- 9 Step Right By Left (Right Twinkle)
- 10 11 Cross Left Over Right, Step Right To Right Making ¼ Turn Left (3 ?0?Clock)
- 12 Step Left By Right (¼ Turning Twinkle)

#### WEAVE LEFT, ¼ TURN, STEP, ½ PIVOT \*\*SEE ALTERNATIVE STEPS BELOW FOR 13 - 21

- 13 15 Cross Right Over Left, Step Left To Left, Cross Right Behind Left
- 16 18 Making ¼ Turn Left Step Forward On Left, Step Forward on Right, ¼ Pivot Left (9 ?0?Clock)

#### **CROSS ½ TURN, WEAVE**

- 19-21 Cross Right Over Left, Making ½ Turn Left Step Left To Left, Step Right To Right
   22-24 Cross Left Over Right, Step Right To Right Cross Left Behind Right Restart Here During 3rd
- Wall

#### 1/4 TURN, CROSS, UNWIND, BACK BASIC

- 25-26 Making ¼ Turn Right Step Forward On Right, Cross Left Over Right (6 ?0?Clock)
- 27 Unwind <sup>3</sup>/<sub>4</sub> Turn Right (3 ?0?Clock)
- 28-30 Step Back On Right,, Left By Right, Step Right By Left

## STEP, SWEEP, CROSS, ½ TURN

- 31-33 Step Forward On Left, Over 2 Counts Sweep Right Around In Front On Left
- 34-36 Place Weight On Right, Making <sup>1</sup>/<sub>2</sub> Turn Right Step Left To Left, Step Right To Right

## DIAGONAL FRONT BASIC, BACK BASIC

- 37-38 Crossing Left Over Right To Right Diagonal Step Forward On Left, Step Right By Left
  39 Step Left By Right
- 40-42 Step Back On Right, Left By Right, Step Right By Left

#### 1/4 BASIC, STEP, CROSS UNWIND

- 43-45 Making ¼ Turn Right Step Left To Left, Step Right In Place, Step Left In Place (12 ?0?Clock)
- 46-48 Step Back On Right, Cross Left Behind Right, Unwind <sup>3</sup>/<sub>4</sub> Left (3 ?0?Clock)

#### START AGAIN

#### **\*\*ALTERNATIVE STEPS**

## CROSS ROCK, RECOVER, STEP - X2 RIGHT TWINKLE

- 13-15 Cross Rock Right Over Left, Recover On Left, Step Right To Right
- 16 18 Cross Rock Left Over Right, Recover On Left, Step Left To Left
- 19-21 Cross Right Over Left, Step Left By Right, Step Right In Place (Right Twinkle)

