If That OK?



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Dave Morgan (UK) & Lesley Brown (UK) - August 2007

音樂: If That's Ok With You - Shane Ward



Intro: 40 Counts

DIAGONAL LOCK STEPS BACK, COASTER STEP, KICK & POINT &

1&2 Step right back. Lock left across right. Step right back. (Facing Right diagonal 1.30)

&3&4 Pivot on ball of right 1/4 left. Step left back. Lock right across left. Step left back. (Facing Left

diagonal 10.30)

5&6 Step right back. Step left beside right. Step right forward. (Still facing 10.30)

7&8& Kick left forward. Step left beside right. Point right to right side. Step right beside left. (10.30)

MONTEREY TURN, MAMBO STEP, DIAGONAL LOCK STEPS BACK

1-2 Point left to left side. Pivot on ball of right 3/8 turn left. Step left beside right. (6.00)

3&4 Rock forward on right. Recover on left. Step right beside left.

5&6 Step left back. Lock right across left. Step left back. (Facing Left diagonal 4.30)

&7&8 Pivot on ball of left 1/4 right. Step right back. Lock left across right. Step right back. (Facing

Right diagonal 7.30)

COASTER STEP, KICK & POINT & MONTEREY, MAMBO STEP

1&2 Step left back. Step right beside left. Step left forward. (7.30)

3&4& Kick right forward. Step right beside left. Point left to left side. Step left beside right.
5-6 Point right to right side. Pivot on ball of left 3/8 turn right. Step right beside left. (12.00)

7&8 Rock forward on left. Recover on right. Step left beside right. (12.00)

SAILOR 1/4, MAMBO STEP, SAILOR 1/2 STEP, STEP, STEP.

1&2 Step right behind left. Step left in place. Step right forward making 1/4 turn right. (3.00)

3&4 Rock forward on left. Recover on right. Step left beside right.

Step right behind left. Step left in place. Step right forward making 1/2 turn right. (9.00)

Step forward left. (Rolling left knee) Step right forward. (Rolling right knee) Step left

forward.(Rolling left knee)

TOUCH FORWARD, SIDE, TOUCH & HEEL, TOUCH & HEEL, & ROCK RECOVER

1-2 Touch right forward. Touch right out to right side.

3&4 Touch right beside left. Step right back. Place left heel forward.

&5&6 Step left in place. Touch right beside left. Step right back. Place left heel forward.

&7,8 Step left in place. Rock forward on right. Recover on left.

SHUFFLE 1/2 TURN, SHUFFLE 1/2 TURN, ROCK RECOVER 1/4, CROSS SHUFFLE

1&2 Step right, left, right making 1/2 turn right. (3.00) 3&4 Step left, right, left making 1/2 turn right. (9.00)

5-6 Making 1/4 turn right, rock right to right side. Recover on left. (12.00) 7&8 Cross right across left. Step left to left side. Cross right across left.

ROCK RECOVER, FULL TRIPLE TURN, STEP, STEP, STEP, POINT FORWARD, BACK

1-2 Rock left out to left side. Recover on right.

3&4 Step left, right, left, making full turn left (Danced on spot 12.00)

5&6 Step forward right. (Rolling right knee) Step forward left. (Rolling left knee) Step forward right.

(Rolling right knee)

7-8 Point left toe forward. (Lean back) Point left toe back. (Lean forward)

HITCH BALL BACK, ROCK RECOVER, SHUFFLE 1/2 TURN & HEEL & TOUCH

1&2 Hitch left knee forward. Step ball of left down. Step right back. (12.00)

3-4	Rock left back. Recover on right.
5&6	Step left,right,left making 1/2 turn right. (6.00)
&7&8	Step right back. Place left heel forward. Step left in place. Touch right beside left.