Everybody Cha Cha



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Ross Brown (ENG)

音樂: Cha Cha - Chelo: (CD: 360°)



STEP ONTO HEELS, STEP BACK, STEP BACK, KNEE SPLITS

1-2 Step forward onto right heel, step onto left heel next to right.

3-4 Step back with right, step left next to right.

5-6-7-8 Split knees; apart, together, apart, together. (Weight ends on right)

SIDE STEP, TOUCH, ¼ TURN STEP, SWEEP, SLOW ¼ TURN SAILOR STEP, HOLD

1-2 Step left to the left, touch right next to left.

3-4 Make a ¼ turn left stepping back with right (9 o'clock), sweep left foot from front to back.
5-6-7-8 Cross step left behind right, make a ¼ turn left stepping right to the right, step forward with

left, hold for 1 count. (6 o'clock)

STEP FORWARD, TOUCH BEHIND, STEP BACK, HOLD, TRIPLE FULL TURN RIGHT, HOLD

1-2 Step forward with right, touch left behind right.

3-4 Step back with left, hold for 1 count.

5-6-7-8 Make a full turn right stepping; right, left, right, hold for 1 count.

STEP FORWARD, TOUCH BEHIND, STEP BACK, HOLD, TRIPLE FULL TURN LEFT, HOLD

1-2 Step forward with left, touch right behind left.

3-4 Step back with right, hold for 1 count.

5-6-7-8 Make a full turn left stepping; left, right, left, hold for 1 count.

1/2 TURN LEFT BUMPING HIPS

1-2 Step right to the right bumping hips right, bump hips left making an 1/8 turn left.

3-4 Step right to the right bumping hips right, bump hips left making an 1/8 turn left. (3 o'clock)

5-6 Step right to the right bumping hips right, bump hips left making an 1/8 turn left.

7-8 Step right to the right bumping hips right, bump hips left making an 1/8 turn left. (12 o'clock)

CROSS STEP, HOLD, SIDE ROCK, CROSS STEP, HOLD, SIDE ROCK

1-2 Cross step right over left, hold for 1 count.
3-4 Rock left to the left, recover onto right.
5-6 Cross step left over right, hold for 1 count.
7-8 Rock right to the right, recover onto left.

CROSS STEP, HOLD, ¼ TURN RIGHT STEP, ¼ TURN RIGHT STEP, STEP FORWARD, HOLD, ROCK FORWARD

1-2 Cross step right over left, hold for 1 count.

3-4 Make a ¼ turn right stepping back with left, make a ¼ turn right stepping forward with right. (6

o'clock)

5-6 Step forward with left, hold for 1 count.7-8 Rock forward with right, recover onto left.

DIAGONAL STEP BACK, TOUCH, DIAGONAL STEP BACK, TOUCH, DIAGONAL STEP FORWARD, TOUCH, DIAGONAL STEP FORWARD, TOUCH

1-2	Step back to right diagonal with right, touch left next to right.
3-4	Step back to left diagonal with left, touch right next to left.
5-6	Step forward to right diagonal with right, touch left next to right.
7-8	Step forward to left diagonal with left, touch right next to left.