Dancing Floor



拍數: 32 牆數: 4 級數: Beginner

編舞者: Jos Slijpen (NL) - August 2007

音樂: The Dancing Floor - Runrig: (CD: Mara)



Intro: there?s a long intro of 48 sec. Start on vocals

CROSS ROCK, CHASSE, CROSS ROCK CHASSE 1/4 TURN LEFT

1-2 Cross rock Right over Left, recover weight on Right

3&4 Step Right to right side, step Left beside Right, step Right to right side

5-6 Cross rock Left over Right, recover weight on Left

7&8 Step Left to left side, step Right beside Left, make ¼ turn left stepping forward on Left [9]

FULL TURN LEFT, FORWARD SHUFFLE RIGHT, FORWARD ROCK, RECOVER, TRIPLE 3/4 TURN LEFT

1-2 Make ½ turn left stepping back on Right, make ½ turn left stepping forward on Left

3&4 Step forward Right, step Left together, step forward Right

5-6 Rock forward Left, recover weight on Right

7&8 Make in place a ¾ turn left stepping Left-Right-Left [12]

SIDE ROCK RIGHT, RECOVER, HEEL-BALL-CROSS, SIDE ROCK RIGHT, RECOVER, HEEL-BALL-CROSS

1-2 Rock Right out to right side, recover weight on Left

3&4 Touch Right heel slightly diagonally forward right, step Right back, cross step Left over Right

5-6 Rock Right out to right side, recover weight on Left

7&8 Touch Right heel slightly diagonally forward right, step Right back, cross step Left over Right

SIDE ROCK RIGHT, RECOVER WITH ¼ TURN LEFT, FORWARD SHUFFLE RIGHT, SHUFFLE ½ TURN RIGHT, BACK ROCK, RECOVER

1-2 Rock Right out to right side, make ¼ turn left recovering weight on Right

Step forward Right, step Left together, step forward Right
Shuffle forward making ½ turn right stepping Left-Right-Left

7-8 Rock back on Right, recover weight on Left [3]

TAG 1: After 3rd wall (facing 9 o?clock) do this easy 4 count tag:

ROCKING CHAIR

1-2 Rock forward on Right, recover weight on Left3-4 Rock back on Right, recover weight on Left

TAG 2: After 8th wall (your facing 12 o?clock) do this 12 count tag (it?s at the end of the instrumental section) FORWARD ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, STEP, PIVOT ½ TURN RIGHT, FORWARD SHUFFLE LEFT

1-2 Rock forward on Right, recover weight on Left

3&4 Make ¼ turn right stepping Right to right side, step Left together, make ¼ turn right stepping

forward Right

5-6 Step forward Left, pivot ½ turn right

7&8 Step forward Left, step Right together, step forward Left [12]

STEP. PIVOT ¼ TURN LEFT. STEP. PIVOT ¼ TURN LEFT

1-2 Step forward Right, pivot ¼ turn left 3-4 Step forward Right, pivot ¼ turn left [6]

FINISH: When the music starts fading away just continue the dance. You?re facing 9 o?clock wall

when you start the dance for the last time.

Dance up to and including count 12 (you?re facing the back wall), then cross Left over Right

and unwind ½ turn right to finish at starting wall..

