Maa Tham Mai

拍數: 32

級數: Beginner

編舞者: Chen Kuo-Wei (SG) - February 2003

音樂: Maa Tham Mai - Thongchai McIntyre

Start after first 40 counts from the first drum beat, Weight on left foot

Dedicated to Felicia and Vincent Chia, and the Tennessee Tornados

BODY PUSH TO RIGHT AND TO LEFT

Step right foot slightly forward to right diagonal, rock body to right diagonal 4 times 1-4

(Arms: Both hands open, fingers together, thumb spread apart, right arm leading, ?push? to right diagonal in tandem with body rock movement)

5-8 Step left foot slightly forward to left diagonal, rock body to left diagonal 4 times

(Arms: Both hands open, fingers together, thumb spread apart, left arm leading, ?push? to left diagonal in tandem with body rock movement)

WALK, TURN, KICK

- 1-2 Step on right at the same time make a 1/4 turn right, step forward on left (facing right wall)
- Step forward on right at the same time make 1/2 turn left and kick left foot forward 3-4
- 5-6 Step on left, step forward on right
- Step forward on left at the same time make a 1/2 turn right and kick right foot forward 7-8

FORWARD SHUFFLES, RIGHT JAZZ BOX ¼ TURN

- Shuffle forward, right, left, right 1&2
- 3&4 Shuffle forward, left, right, left
- 5-6 Rock forward on right foot, recover on left and turn ¼ right (Now facing back wall)
- 7-8 Step on right, step left next to right

SCUFF, STOMPS

1-2 Scuff right foot, stomp on right foot

(Arms: Body should start an inclination to the right, right hand raised with palm open near the right ear as though trying hard to hear something. Left hand stretched behind with palms open and twisted clockwise at the wrist ? traditional Thai dance routine!)

3-4 With weight on right, stomp on left foot twice

(Arms: Upon second stomp, recover weight on left foot, straighten body) 5-8 Repeat counts 1-4 above

RESTARTS: Two restarts are necessary for this piece of music. The First is after the ?first? repetition when you have completed the ?Walks, turns and kicks?. The Second restart will be much later after the ?twelve? repetition. It would be easier to recognize the instrumental ?ElectoneClanging? sound that comes at that time, better than remembering the walls. Both restarts occur after 16 counts from the top. As a result of the restarts, you would actually have completed facing all 4 walls!

ENDING: When the music is about to end, you will be executing the ?Walks, turns, kicks?. Just turn to face the original front wall and stretch both hands upwards to the sky, palms open. No, you are not about to receive the ?TEN COMMANDMENTS!?, just end the dance! Cheers?Enjoy!





牆數:2