

# Settin'

拍數: 56      牆數: 2      級數: Improver  
編舞者: Junior Willis (USA) - March 2007  
音樂: Settin' - Sugarland



**Start: 32 counts into music (at vocals)**

**Kick, Cross, Touch, Kick, Cross, Touch, Jazz Box w/ ¼ Turn**

1&2      Kick R forward, cross step R over L, touch L out to L  
3&4      Kick L forward, cross step L over R, touch R out to R  
5-8      Cross step R over L, step back on L, step R out to R with ¼ turn to R, step L next to R (3:00)

**Hip Bumps, Hip Bumps, Sailor, Sailor**

1&2      Step R slightly forward and bump hips forward, back, forward  
3&4      Step L slightly forward and bump hips forward, back, forward  
5&6      Sailor on R (step R behind L, step L slightly out to L, step R next to L)  
7&8      Sailor on L (step L behind R, step R slightly out to R, step L next to R)

**Kick-ball-change, Kick-ball-change, ½ Pivot, Walk, Walk**

1&2      Kick R forward, place ball of R next to L, step on L  
3&4      Kick R forward, place ball of R next to L, step on L  
5-6      Step forward on R, pivot ½ turn over L shoulder ending with weight on L (9:00)  
7-8      Walk forward R, walk forward L

**Mambo Forward, Mambo Backward, V-Block Step**

1&2      Step forward on R, step L in place, step R next to L  
3&4      Step back on L, step R in place, step L next to R  
5-6      Step R forward and to the R diagonal, step L forward and to the L diagonal  
7-8      Step R back to home, step L back to home

**Step, Lock, Step, Scuff, Rock, Recover, Triple ½ Turn**

1-2      Step forward on R, lock step L behind R  
3-4      Step forward on R, scuff L heel forward  
5-6      Rock forward on L, recover on R  
7&8      Turn ½ turn over L shoulder with a triple in place L-R-L (3:00)

**Step, Lock, Step, Scuff, Rock, Recover, Triple ½ Turn**

1-2      Step forward on R, lock step L behind R  
3-4      Step forward on R, scuff L heel forward  
5-6      Rock forward on L, recover on R  
7&8      Turn ½ turn over L shoulder with a triple in place L-R-L (9:00)

**Rock, Recover, Sailor ¼ Turn, Rock, Recover, Coaster**

1-2      Rock out to R on R, recover on L  
3&4      Sailor ¼ turn L (step R behind L, step L out to L making a ¼ turn to L, step R next to L)  
5-6      Rock forward on L, recover on R  
7&8      Coaster L-R-L (step back on L, step back on R, step forward on L)

**Begin Again**

Junior Willis / [Email](#)