Scotland Yard (It's Scottish Time!!!)



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Derrick Walker (USA) 音樂: The Road Of Scotland



Start counting when you hear Bagpipes. Count up to 8, then start the???

Intro: Stomp Right Foot to Right Side styling your arms and body (this is not optional) (1) and hold 3 counts (2,3,4). You will Stomp Left Foot to Left Side styling your arms and body (Again, this is not optional) (5,6). Wiggle your body (7&8) and begin dance!!

SIDE MAMBO STEPS, CROSS/TOUCH 3/4 TURN LEFT

Step Right Foot to Right Side, Step Left Foot in place, Step Right Foot next to Left
Step Left Foot to Left Side, Step Right Foot in place, Step Left Foot next to Right
As you begin your ¾ turn Left, touch Right Toe forward and slightly in front of Left twice
Continue your ¾ turn Left finishing the turn by touching Right Toe forward and slightly in front

of Left twice

(You will have your arms up in the air and snap your fingers as you cross/touch 4x with 3/4 turn on 5-6)

QUICK STEPS, STEP/KICK/HITCH (ARM STYLING), QUICK STEPS, TWIST/CLAP, TWIST/CLAP

1&2& Quickly step forward Right-Left-Right-Left

3&4 Step Right Foot Forward, Kick Left Foot Forward, Hitch Left Knee

(Option: Style your arms/hands doing this count like you?re a ballerina!!!!!!) 5&6 Pivot ½ turn Left, Quickly step forward Left-Right-Left

&7 Twist upper body ¼ turn Left, Clap

&8 Twist upper body back to ¼ turn Right, Clap

?IT?S SCOTTISH TIME? RIGHT FOOT SWINGS [FORWARD, SIDE, BEHIND, SIDE], SYNCOPATED VINE LEFT WITH CLAPS

1-2 Swing Right Foot Forward, Swing Right Foot to Right Side

3-4 Swing Right Foot behind Left Foot, Swing Right Foot to Right Side

5&6&7 Cross Right Foot over Left Foot. Step Left Foot to Left Side, Cross Right Foot behind Left

Foot, Step Left Foot to Left Side, Cross Right Foot over Left Foot

&8 Clap twice

(Put both hands on hips during cts. 1-7)

(Your Left Foot/Heel will move as you swing your Right Foot)

?IT?S SCOTTISH TIME? LEFT FOOT SWINGS [FORWARD, SIDE, BEHIND, SIDE], SYNCOPATED VINE RIGHT WITH CLAPS

1-2 Swing Left Foot Forward, Swing Left Foot to Left Side

3-4 Swing Left Foot behind Right Foot, Swing Left Foot to Left Side

5&6&7 Cross Left Foot over Right Foot, Step Right Foot to Right Side, Cross Left Foot behind Right

Foot, Step Right Foot to Right Side, Cross Left Foot over Right Foot

&8 Clap twice

(Put both hands on hips during cts. 1-7)

(Your Right Foot/Heel will move as you swing your Left Foot)

IT?S SCOTTISH TIME? KICK/HOOK 4x ¾ TURN, SIDE SHUFFLE, ¼ TURN COASTER STEP

1&2& As you begin to make \(^3\) turn Left, Kick your Right Foot forward, Hook Right Foot across Left

Knee, Kick Right Foot Forward, Hook Right across Left Knee

3&4 Continue with your ³/₄ turn to Left finishing turn by Kicking Right Foot Forward, Hook Right

across Left Knee, Kick Right Foot Forward

(You will use your Left Foot to make 3/4 turn Left)

5&6 Step Right Foot to Right Side, Close Left Foot in next to Right, Step Right Foot to Right Side

7&8 Pivot ¼ turn Left stepping Left Foot back, Step Right Foot next to Left, Step Left Foot

forward

STEP, SCUFF, HITCH, STEP, SCUFF, HITCH, STEP, COASTER FORWARD, SCOTTISH GALLOP BACKWARDS

Step Right Foot Forward, Scuff Left Foot next to Right Foot, Hitch Left Knee forward Step Left Foot Forward, Scuff Right Foot next to Left Foot, Hitch Right Knee forward, Step

Right Foot Forward

5&6 Step Left Foot Forward, Step Right Foot next to Left Foot, Step Left Foot back

(YOU WILL PRETEND YOU HAVE A KILT ON. YOU WILL RAISE ARMS LIKE YOUR LIFTING THE KILT DOING &7&8 AS YOU GALLOP BACKWARDS. USE SHIRT/DRESS AS AN OPTION!!!!!! BUT DON?T LIFT DRESS UP TOO MUCH!!!!!!)

&7&8 Gallop back right, left, right, left (DON?T have your feet apart)

ENDING: After finishing wall 5, you will walk forward Right Foot & Left Foot. You will step Right Foot together next to Left and throw arms in air at same time to end

Derrick Walker / EMail