# Settlin



拍數: 32 牆數: 4 級數: Improver

編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA) - March 2007

音樂: Settlin' - Sugarland



# Start at Vocals

Or Music: My Oh My by The Wreckers [177 bpm] [CD: Stand Still, Look Pretty]

# SAILOR STEPS, STEP-LOCK, STEP-LOCK-STEP

1&2	Step left behind right, step right to right side, step left to left side
3&4	Step right behind left, step left to left side, step right to right side
5.6	Ston forward on left look right habited left

5-6 Step forward on left, lock right behind left

7&8 Step forward on left, lock right behind left, step forward on left

# STEP-1/2 TURN TO THE LEFT, STEP-LOCK-STEP, ROCK STEP, RECOVER, COASTER STEP

1&2	Step forward on right, step left making ½ turn to the left, step forward on right

3&4 Step left forward, lock right behind left, step left forward

5-6 Rock forward on right, recover on left

7&8 Step back on right, step back on left, step forward on right

# ROCK-RECOVER-CROSSES, BACKWARD STEPS, COASTER STEP

1&2	Rock left to left side, recover on right, cross left over right
3&4	Rock right to right side, recover on left, cross right over left
5-6	Step back on left making 1/4 turn to the right, step back on right
7&8	Step back on left, step back on right, step forward on left

# FORWARD SHUFFLE, STEP-1/2 TURN TO THE RIGHT-STEP, ROCK STEP, RECOVER, COASTER STEP

1&2 Forward shuffle right, left right

3&4 Step forward on left, step right making ½ turn to the right, step forward on left

5-6 Rock forward on right, recover on left

7&8 Step back on right, step back on left, step forward on right

# **REPEAT**