Candyman Boogie



拍數: 72 牆數: 4 級數: Intermediate

編舞者: Rick Bates (USA) & Deborah Bates (USA)

音樂: Redneck Rock - Jerry Jaye : (CD: One More Time)



Or Music: Candyman by Christina Aguilera [174 bpm / CD: Back To Basics]

Boogie Till The Cows Come Home by Roger Brown & Swing City [179 bpm ECS / CD Single

(EP)]

SIDE STEP, HOLD, TOGETHER, HOLD, SIDE STEP-SLIDE-STEP, TOUCH

1-2	Step to the right on right foot; hold
3-4	Step left foot next to right; hold

5-6 Step to the right on right foot; slide left foot next to right and step 7-8 Step to the right on right foot; slide left foot next to right and touch

TOE/HEEL STRUTS, OUT-OUT, IN, HOLD

9-10	Step forward onto toes of left foot; step down onto heel of left foot
11-12	Step forward onto toes of right foot; step down onto heel of right foot
13-14	Step to the left on left foot; step to the right on right foot about shoulder width apart from left
15-16	Step to the center on left foot; hold

TOE/HEEL STRUTS, OUT-OUT, IN, HOLD

17-18	Step forward onto toes of right foot; step down onto heel of right foot
19-20	Step forward onto toes of left foot; step down onto heel of left foot
21-22	Step to the right on right foot; step to the left on left foot about shoulder width apart from right
23-24	Step to the center on right foot: hold

ROCK STEP, PIVOT, FORWARD STEP, SCUFF, FORWARD STEPS, SCUFFS

25-26	Step forward on left foot; rock back onto ball of right foot
27-28	Pivot ½ turn to the left on ball of right foot and step forward on left foot; scuff right foot next to
	left
29-30	Step forward on right foot; scuff left foot next to right
31-32	Step forward on left foot; scuff right foot next to left

DIAGONAL STEP-SLIDE-STEP, STOMP, TRAVELING HEEL/TOE SWIVELS

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33-34	Step forward and diagonally to the right on right foot; slide left foot up next to right and step
35-36	Step forward and diagonally to the right on right foot; slide left heel up next to right and stomp
37-38	With weight on balls of both feet, swivel both heels to the left;; shift weight to heels of both feet and swivel both toes to the left
39-40	Shift weight to balls of both feet, swivel both heels to the left;; shift weight to heels of both feet and swivel both toes to the left shifting weight to right foot

ROCKING CHAIR. MILITARY PIVOTS TO THE RIGHT

41-42	Step forward on left foot; rock back onto right foot
43-44	Step back on left foot; rock forward onto right foot
45-46	Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot
47-48	Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

DIAGONAL STEP-SLIDE-STEP, STOMP, TRAVELING HEEL/TOE SWIVELS

49-50 Step forward and diagonally to the left on left foot; slide right foot up next to left and step

51-52	Step forward and diagonally to the left on left foot; slide right heel up next to left and stomp
53-54	With weight on balls of both feet, swivel both heels to the right;; shift weight to heels of both
	feet and swivel both toes to the right
55-56	Shift weight to balls of both feet, swivel both heels to the right;; shift weight to heels of both
	feet and swivel both toes to the right shifting weight to left foot

ROCKING CHAIR, MILITARY PIVOTS TO THE LEFT

57-58	Step forward on right foot; rock back onto left foot
59-60	Step back on right foot; rock forward onto left foot
61-62	Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
63-64	Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

SUGARFOOT, DOUBLE KICK, BACK, BACK, FORWARD, TOGETHER

65-66	Touch right toe inward next to left instep; touch right heel next to left instep
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67-68 Kick right foot forward twice

69-70 Step back on right foot; step back on left foot 71-72 Step forward on right foot; step left foot next to right

REPEAT

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