

Waiting

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nancy Morgan (USA) - January 2007
音樂: Waiting On the World to Change - John Mayer : (CD: Continuum)



Start: on Vocals (Not when he counts down)

STEP SIDE, FORWARD ROCK, LOCK STEP BACK, BACK ROCK, LOCK STEP FORWARD

1,2,3 Step Right foot to Right side, step forward on Left, step back on Right
4&5 Step back on Left, Lock/Step back on Right as you cross Right over Left, step back on Left
6,7 Back Rock/Step ? Rock/Step back on Right and forward on Left
8&1 Step forward on Right, Lock/Step Left behind Right, Step forward on Right

STEP, ½ TURN PIVOT, FULL TURN, BACK ROCK, SIDE ROCK, STEP FORWARD

2,3 Step forward on Left, pivot ½ turn to Right
4&5 Step back on Left ½ turn to Right, Step forward on Right ½ turn to Right, Step back on Left ½ turn to Right (You should end at beginning wall, it is a full turn)
6,7 Rock/Step back on Right and forward on Left
8&1 Rock/Step Right foot to Right side and back to Left, Cross step Right in front of Left

SIDE ROCK, STEP FORWARD, STEP BACK ¼ TURN, FULL TURN, WALK, WALK

2&3 Rock/Step Left foot to Left side and back to Right, Cross step Left in front of Right
4 Step Right foot ¼ turn to Left
5&6 Step forward on Left as you turn ½ turn to Left, Step forward on Right, Step forward on Left as you turn ½ turn to Left
7,8 Walk forward, Right, Left

QUICKLY ROCK FORWARD AND BACK AND HEEL FORWARD, CROSS, TOUCH FORWARD, SIDE, ½ TURN (LIKE A MONTEREY) STEP FORWARD LEFT

1&2& Double Time Rock Step ? Rock forward on Right, back on Left, Back on Right and forward on Left
3,4 Tap Right heel forward, Cross Right foot over Left (Toes touching Left side of Left foot)
5,6 Touch Right toes forward, touch Right toes to Right side
7 Push off of Right foot pivoting on ball of Left foot ½ turn to Right (Like doing a Monterey)
8 Step forward on Left

REPEAT!