I Don't Feel Like Dancin XXX

級數: Improver

編舞者: Joy Lattimore-Rice (IRE) - October 2006

音樂: I Don't Feel Like Dancin' - Scissor Sisters

牆數: 4

R KICK BALL CHANGE, R KICK BALL CHANGE, STOMP R, STEP L ¼ TURN R, SWIVEL HEELS & TOES

- 1 & 2 Kick R, Step ball of R next to L, Step L next to R
- 3 & 4 Repeat steps 1 & 2
- 5?6 Stomp R stepping forward, Step L in front making ¼ turn to R (Facing 3 o?clock)
- 7?8 Swivel heels then toes, traveling left.

SWIVEL HEELS & TOES, FULL TURN, ¼ CHA CHA, L ROCK STEP

- 1?2 Swivel heels then toes as above
- 3?4 Step R to R side making ¹/₂ turn over R shoulder, Step back on L making ¹/₂ turn
- 5 & 6 Step R to R side making ¼ turn, Step L beside R, Step forward R (Facing 6 o?clock)
- 7 ? 8 Rock forward onto L, Recover weight onto R

L COASTER STEP, R SIDE ROCK, BEHIND SIDE & CROSS, L SIDE ROCK

- 1 & 2 Step back on L, Step R beside L, Step forward L
- 3?4 Rock R to R side, Recover weight onto L
- 5 & 6 Step R behind L, Step L beside R, Cross R over L
- 7 ? 8 Rock L to L side, Recover weight onto R

BEHIND SIDE & CROSS, R ROCK STEP DIAGONALLY, FULL TURN, ¾ TURN

- 1 & 2 Step L behind R, Step R beside L, Cross L over R
- 3 ? 4 Rock R forward diagonally, Recover weight onto L
- 5 Step back on R making ½ turn over L shoulder
- 6 Continue turn by stepping L making ½ turn
- 7 Step back on R making another ½ turn
- 8 Step L making ¼ turn (Finish facing 3 o?clock)

TAG: End of wall 14 on long version of song.

R KICK BALL CHANGE X2, HIPS R, L, R, L

- 1 & 2 Kick R, Step ball of R next to L, Step L next to R
- 3 & 4 Repeat steps 1 & 2
- 5?8 Sway hips to the R, L, R, L





拍數: 32