# **Always Forever**



編舞者: Sandie Kristensen (DK) - September 2006

音樂: I Love You Always Forever - Donna Lewis: (CD: Now In A Minute)



## Start the dance as the music speeds up, after 1 min

#### POINT, POINT, COASTER STEP

1-2 Point right toe forward, point right toe to the right side
3&4 Step back right, step left beside right, step forward right
5-6 Point left toe forward, point left toe to the left side
7&8 Step back left, step right beside left, step forward left

#### HIP BUMPS RIGHT, HIP BUMPS LEFT, TWO 1/4 PADDLE TURNS

Step forward right, as you bump your hips twice to the right
Step forward left, as you bump your hips twice to the left
Step forward right, on ball of left, turn ¼ to the left
Step forward right, on ball of left, turn ¼ to the left

Restart from here on 9th wall (facing back wall)

## ROCK STEP FORWARD, RECOVER, TRIPLE STEP ON THE SPOT, SIDE, TOGETHER, LEFT CHASSE

1-2 Rock forward right, recover left

3&4 Step right beside left, step left in place, step right in place

5-6 Step left to the left, step right beside left

7&8 Step left to the left, step right beside left, step left to the left

# 1/2 PIVOT TURN LEFT, TWICE, ROCKING CHAIR

1-2 Step forward right, turn ½ to the left
3-4 Step forward right, turn ½ to the left
5-6 Rock forward right, recover left
7-8 Rock back on right, recover left

**REPEAT** 

RESTART: Restart from count 16 on the 9th wall