

Signed Sealed Delivered

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Tom Mickers (NL)
音樂: Signed, Sealed, Delivered (I'm Yours) (feat. Stevie Wonder) - Blue : (CD: Guilty)



TOUCH TOE OUT, HEEL DOWN, LONG STEP LEFT, SLIDE RIGHT TO LEFT, REPEAT

- 1-2 Touch right toe out diagonally (1:30), lean upper body over right knee stepping down on right (1:30)
3-4 Take a long step diagonally back with left (7:30), slide touch right next to left
5-8 Repeat steps 1-4

STEP RIGHT TO RIGHT, CROSS TOUCH LEFT OVER RIGHT, STEP LEFT, TURN ½ RIGHT, REPEAT

- 1-2 Step right to right side, cross touch left over right
3-4 Step left to left side, turn ½ right on left foot touching right next to left
5-6 Step right to right side, cross touch left over right
7-8 Step left to left side, turn ½ right on left foot touching right next to left

SWIVELS RIGHT LEFT RIGHT, STEP TOGETHER, SWIVELS LEFT RIGHT LEFT, ¼ TURN RIGHT STEP TOGETHER

- 1&2 Step right to right side while swiveling heels to left (body turned towards 1:30), step left to left side while swiveling heels to right (body turned towards 10:30), step right to right side while swiveling heels to left (body turned towards 1:30)
3-4 Step left large step to left side, slide right next to left (weight on right)
5&6 Step left to left side while swiveling heels to right (body turned towards 10:30), step right to right side while swiveling heels to left (body turned towards 1:30), step left to left side while swiveling heels to right (body turned towards 10:30)
7-8 Turn ¼ right stepping right large step forward, step left next to right (weight on left) (3:00)

4 TRAVELING KNEE POPS, WALK AROUND TURN (¼ TURN RIGHT), & SCUFF STOMP WITH ¼ RIGHT

- 1-2 Walk forward on right popping left knee forward, walk forward on left popping your right knee forward (with attitude)
3-4 Walk forward on right popping left knee forward, walk forward on left popping your right knee forward (with attitude)
5-6 Turn ¼ right stepping right forward, turn ¼ right stepping left forward
7&8 Turn ¼ right stepping right forward, as you turn ¼ turn right on your right foot scuff left heel forward, stomp left

REPEAT