I Can't Stop Dancing



拍數: 32 牆數: 4 級數: Improver

編舞者: Audrey Watson (SCO)

音樂: I Have to Dance - Brødrene Olsen



Start Dance: 48 count intro? 128 BPM

SECTION ONE FWD, FWD, & CROSS SIDE, BACK ROCK, 1/2 TURN SHUFFLE.

1-2 Step fwd on right, step fwd on left (Shoulder width apart). &3-4 Step back on right, cross left over right, step right to r/side.

5-6 Rock back on left, rock fwd on right.

7&8 Turn 1/2 shuffle right stepping left, right, left.

SECTION TWO 1/4 TURN TOUCH CLAP, 1/4 TURN TOUCH CLAP, SIDE TOUCH, 1/4 TURN CHASSE.

Turn 1/4 right stepping fwd on right, touch left next right clap hands.
 Turn 1/4 right stepping back on left, touch right next left clap hands.

5-6 Step right to r/side, touch left next right clap hands.

7-8 Step left to left side, step right next left, turn 1/4 left stepping fwd on left.

SECTION KICK, KICK, & POINT HOLD, & POINT, & POINT, SAILOR 1/4 TURN.

THREE

1-2 Kick right foot fwd twice.

&3-4 Step down on right, point left toe to I/side, hold for a beat

&5 Step left next right, point right toe to r/side.&6 Step right next left, point left toe to l/side.

7&8 Turn 1/4 left stepping left behind right, step right to r/side, step left to left side.

SECTION FWD ROCK, 3/4 TURN, FWD ROCK, 1/2 TURN, WALK, WALK, &

FOUR

1-2 Rock fwd on right, recover back on left.
3&4 Turn 3/4 right stepping, right, left, right.
5-6 Rock fwd on left, recover back on right.

7-8& Turn 1/2 left stepping fwd on left, step fwd on right, step left next right.

START AGAIN

8 Count tag to be added at the end of wall 4 Facing The Front Wall

FWD ROCK, COASTER STEP, FWD ROCK, COASTER STEP.

1-2 Rock fwd on right, recover back on left.

3&4 Step back on right, step left next right, step fwd on right.

5-6 Rock fwd on left, recover back on right.

7&8 Step back on left, step right next left. step fwd on left.