

Red Hot Rock N Roller

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Gaye Teather (UK) - July 2006
音樂: Red Hot Rock 'n' roller - Dave Sheriff : (CD: Overworked and Underpaid)



Intro: 32 counts from start of main beat & begin dance on vocals

Kick ball cross. Side. Heel taps

- 1 & 2 Kick Right foot forward. Step Right beside Left
- 3 & 4 Cross Left over Right. Step Right to Right side
- 5 & 8 Touch Left toe forward on a Left diagonal. Tap Left heel to floor 3 times
(weight remains on Right)

Style note: During steps 5 & 8 angle body to Left diagonal and lean slightly back

Extended weave Left. Touch

- 1 & 4 Step Left to Left. Cross Right behind Left. Step Left to Left. Cross Right over Left
- 5 & 8 Step Left to Left. Cross Right behind Left. Step Left to Left. Touch Right beside Left

Quarter Monterey turn. Quarter Monterey turn. Hitch

- 1 & 2 Point Right toe to Right side. Quarter turn Right stepping Right beside Left (Facing 3 o'clock)
- 3 & 4 Touch Left toe to Left. Step Left beside Right
- 5 & 6 Point Right toe to Right side. Quarter turn Right stepping Right beside Left (Facing 6 o'clock)
- 7 & 8 Touch Left toe to Left side. Hitch Left knee

Left coaster step. Hold. Walk forward Right. Left. Right. Hold

- 1 & 4 Step back on Left. Step Right beside Left. Step forward on Left. Hold
- 5 & 8 Walk forward Right. Left. Right. Hold

Toe struts back. Side rock. Together. Hold

- 1 & 4 Step Left toe back. Lower Left heel. Step Right toe back. Lower Right heel
- 5 & 8 Rock Left to Left side. Recover onto Right. Stomp Left beside Right. Hold

Style option: Click fingers during toe struts back

Toe struts back. Side rock. Together. Hold

- 1 & 4 Step Right toe back. Lower Right heel. Step Left toe back. Lower Left heel
- 5 & 8 Rock Right to Right side. Recover onto Left. Stomp Right beside Left. Hold

Style option: Click fingers during toe struts back

Rumba box

- 1 & 4 Step Left to Left side. Step Right beside Left. Step forward on Left. Hold
- 5 & 8 Step Right to Right side. Step Left beside Right. Step back on Right. Hold

Out. Out. In. In. Heel bounce x 4

- 1 & 4 Step Left to Left. Step Right to Right. Step Left back to centre. Step Right back to centre
- 5 & 8 With feet together bounce heels 4 times

Style option: For a fun (and more energetic) option, jump 4 times on the spot during steps 5 & 8

Tag: There is an 8 count tag at the end of wall 6 (Facing 12 o'clock) Simply repeat the last section,(Out. Out. In. In. Heel bounces) and start again from the beginning.