Hemmingway Cha



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Ed Ybarra (NL) - July 2006

音樂: Hemingway - BLØF: (CD Single)



Begin on vocals

ROCK RIGHT, RIGHT SHUFFLE FORWARD, ROCK LEFT, SWEEP 1/4 TURN SAILOR STEP LEFT.

1 - 2 Right rock to right, Recover on left,

3 & 4 Right step forward, Close left beside right, Right step forward,

5 - 6 Left rock to left, Recover on right,

7 & 8 Left toes trace circle to left with 1/4 turn to left and cross behind right, Right step to right, Left

step next to right.

ROCK RIGHT, 1/4 TURN SHUFFLE FORWARD, TOE TAPS & HEEL DROPS.

9 -10 Right rock to right, Recover on left,

Turn 1/4 right and right step forward, Close left beside right, Right step forward, Left toes touch behind right, Drop left heel, Right toes touch front, Drop right heel,

15 & 16 Left toes touch behind right, Drop left heel, Right toes touch front.

KICK, STEP, TOUCH BACK, HEEL TWISTS RIGHT WITH 1/2 TURN LEFT, HITCH LEFT, WALK, WALK, SIDE ROCK, CROSS STEP.

17 & 18 Right kick to front, Right step next to left, Left touch toes behind right,

19 & 20 & Left and Right heels twist right, left (&), right with 1/2 turn to left, Hitch left foot across right

shin,

*Tag/Restart: During the 3rd wall dance Left Step Forward, Hold then Restart from section 1. STEP. HOLD.

1 - 2 Left step forward, Hold.

Begin the dance from the start, 12 o?clock wall.

21 - 22 Left step forward, Right step forward.

23 & 24 Left rock to left, Recover on right, Left cross over Right.

STEP, CLOSE (CUBAN MOTION), CHASSE RIGHT (CUBAN MOTION),1/4 TURN BACK ROCK LEFT WITH RIGHT KNEE POP, LEFT SHUFFLE FORWARD.

25 - 26	Right step to right, Left close beside right, (contra movement with hips in opposite direction),
27 & 28	Right step to right, Left close beside right, Right step to right, (contra movement with hips in
	opposite direction),
29 - 30	Left step behind right with 1/4 turn to left and push right knee forward,Recover on right,

30 & 32 Left step forward, Close right beside left, Left step forward.

*Tag/Restart: at the end of the 6th wall. Dance 1-6 then start over from section 1.

STEP, BUMP, STEP, BUMP, HIP SWAYS.

1 - 6 Right step right, Bump right, Left step left, Bump left, Sway hips right and left.

begin the dance from the start, 9 o?clock wall.