

Soul Steppin

COPPER KNOB
STEPPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rob Fowler (ES) - June 2006
音樂: Soul Steppin' - Will Downing : (CD Soul Symphony)



Start: On Vocals

- 1-8 Right Cross, Grapevine, Side Rock, Recover, Cross ¼ Turn, ¼ Turn**
1-2 Cross step right foot over left, step to left on left foot
3&4 Cross-step right foot behind left, step to left on left foot, cross-step right foot over left
5-6 Rock to left on left foot, recover weight onto right foot
7&8 Cross-step left foot over right, turn ¼ left stepping back onto Right foot,
turn ¼ left stepping to left on left foot [6 o'clock]
- 9-16 Right & Left Heel Jacks, Crossing Heel Grinds Right and Left**
1&2 Step right foot over left, step to left on left foot, touch right heel diagonally-forward right
&3&4 Step down onto right foot, cross-step left foot over right,
step to right on right foot, touch left heel diagonally-forward Left
& Step down onto left foot,
5-6 Cross right heel over left, step to left on left foot as right foot turns out
& Step down onto right foot beside left
7-8 Cross left heel over right, step to right on right foot as left foot turns out
- 17-24 & Cross, Back, ¼ Turn Shuffle, Right & Left Lock Steps with ½ Turn Left**
& Step down onto left foot beside right
1-2 Cross right foot over left, step back onto left foot
3&4 Turn ¼ right, shuffling forward right-left-right [9 o'clock]
5-6 Step diagonally-forward left on left foot, lock-step right foot behind left
&7-8 Step diagonally-forward left on left foot, step diagonally-forward right on right foot, lock-step
left foot behind right
& Turn ½ left on ball of right foot [3 o'clock]
- 25-32 Step Lock & Step Lock, ¼ Turn, Syncopated Vine With Touch To Left**
1-2 Step diagonally-forward left on left foot, lock-step right foot behind left
&3-4 Step diagonally-forward left on left foot, step diagonally-forward right on right foot, lock-step
left foot behind right
& Turn ¼ left on ball of right foot [12 o'clock]
5-6 Step to left on left foot, cross-step right foot behind left
&7-8 Step to left on left foot, cross-step right foot over left, point left foot out to left side
- 33-40 Behind & Cross & Cross, Touch, Behind, Full Unwind, Rock & Cross**
1&2 Cross-step left foot behind right, step to right on right foot, cross-step left foot over right
&3-4 Step to right on right foot, cross-step left foot over right, point right foot out to right side
5-6 Touch Right foot behind Left, full unwind
7&8 Rock to Left on Left foot, recover weight onto Right foot, cross-step Left foot over Right
- 41-48 Step To Right, Slide & Cross Step, Sailor ½ Turn, Point ¼ Turn Point**
1-2 Large step to right on right foot, slide left foot towards right
&3-4 Step down onto left foot beside right, cross-step right foot over left, step to left on left foot
5&6 Right sailor ½ turn [6 o'clock]
7 Point Left foot out to Left side
& Turn ¼ right on ball of right foot, lifting left foot [9 o'clock]
8 Point left foot out to left side
- 48-56 Behind, Side Rock, Recover (x 4) [Travelling Back]**
* as you rock to the side click fingers
1&2 Step left foot behind right, rock to right on right foot, recover weight onto left foot

- 3&4 Step right foot behind left, rock to left on left foot, recover weight onto right foot
5&6 Step left foot behind right, rock to right on right foot, recover weight onto left foot
7&8 Step right foot behind left, rock to left on left foot, recover weight onto right foot
- 57-64 Left Coaster, Skate Right, Left, Right Diagonal Shuffle, Left Diagonal Shuffle**
1&2 Step back on Left foot, step on right foot beside left, step forward on left foot
3-4 Skate right foot forward, skate left foot forward
5&6 Step right foot diagonally to right, step left foot next to right, step right foot diagonally forward
7&8 Step left foot diagonally left, step right next to left, step left foot diagonally forward

START AGAIN
