Lock All The Doors



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Neville Fitzgerald (UK) - May 2006

音樂: Lock All the Doors - MDO: (Album: Subir Al Cielo)



Starts on Vocals (28 Counts? 16 Seconds into Track)

Walk, Step 1/2 Pivot, Right Lock Step, Hip Bumps, Coaster Step.

1-3 Step forward on Left, step forward on Right, pivot 1/2 turn to Left.
4&5 Step forward on Right, lock Left behind Right, step forward on Right.

6-7 Rock forward on Left pushing Left hip forward, recover on Right pushing Right hip back.

8&1 Step back on Left, step Right next to Left, step forward on Left.

1/4 Rock Step, Behind & Cross, Point, Hitch, Cross, Back, Side.

2-3 Make 1/4 turn to Left rocking Right to Right side, recover on Left.

4&5 Cross step Right behind Left, step Left to Left side, cross step Right over Left.

6-7 Point Left toe to Left side, hitch Left forward.. slightly across Right.
8&1 Cross step Left over Right, step back on Right, step Left to Left side.

Cross, Side, Rock & 1/4 Turn, 1/4Turn, Back, Left Lock Step.

2-3 Cross step Right over Left, step Left to Left side.

4&5 Cross rock Right over Left, recover on Left, make 1/4 turn to Right stepping forward on

Right.

6-7 Make 1/4 turn to Right stepping Left to Left side, step back on Right (stick burn out..raise Left

heel)

8&1 Step forward on Left, lock Right behind Left, step forward on Left.

Step, Hitch 1/4 Turn, Cross Shuffle, 1/4 Turn, 1/2 Turn, Step 1/4 Cross.

2-3 Step forward on Right, sweep Left into a hitch as you make 1/4 to Right on ball of Right.

4&5 Cross step Left over Right, step Right to Right side, cross step Left over Right.

6-7 Make 1/4 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left.

Step forward on Right, make 1/4 turn to Left, stepping Left to Left side, cross step Right over

Left.

Hip Bumps, Chasse Left, Cross Rock, Recover, Chasse Right.

2-3 Bump hips Left-Right.

4&5 Step Left to Left side, step Right next to Left, step Left to Left side.

6-7 Cross rock Right over Left, recover on Left.

Step Right to Right side, step Left next to Right, step Right to Right side.

Back Rock, Step 1/2 Pivot Step, Step, Touch, Coaster Step.

2-3 Rock back on Left, recover on Right.

4&5 Step forward on Left, pivot 1/2 turn to Right, step forward on Left.

6-7 Step forward on Right, touch Left next to Right.

Step back on Left, step Right next to Left, step forward on Left.

Point, 3/4 Turn, Right Lock Step, Rock Step, Coaster Cross.

2-3 Point Right to Right side, on ball of Left make 3/4 turn to Right hooking Right over Left.

4&5 Step forward on Right, lock Left behind, step forward on Right.

6-7 Rock forward on Left, recover on Right.

8&1 Step back on Left, step Right next to Left, Cross step Left over Right...

Side Rock, Behind 1/4 Turn Step, Rock Step, 1/2 Shuffle Turn.

2-3 Rock to Right side on Right, recover on Left.

4&5 Cross step Right behind Left, make 1/4 turn Left stepping forward on Left, step forward on

Right.

6-7 Rock forward on Left, recover on Right.

Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, make 1/4 turn to Left

stepping forward on Left? Count 1 being first step of dance.

Restarts:

Wall 2: Dance to counts 8& in section 6 then restart from count 1.. (coaster step.. step pivot 1/2 ..)

Wall 6: Dance up to & including to counts 8&1 in section 5.. Hold for 3 counts then restart from count 1 (Chasse Right? 2-3-4.. Restart Beginning)

Tag & Restart:

Wall 5: Dance up to & including counts 8&1 in section 4.. then add following tag

2-3-4 1/4 turn to Right stepping back on Left, 1/4 turn to Right stepping Right to Right side, touch

Left next to Right.. Restart from Count 1.

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