

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - December 2005
音樂: As Country As She Gets - Joe Nichols : (CD: Joe Nichols 111)



16 count intro

?No Time At All? by Paul Bailey (108 bpm. 16 count intro) CD: By Request ; ?Talking To A Stranger? by Rodney Crowell (106 bpm. 24 count intro) CD: Steppin? Country 5

Dance rotates in CCW direction

Step. Pivot quarter turn Left. Cross shuffle. Heel switches. Quarter turn Left. Walk Left. Right

1 ? 2 Step forward on Right. Quarter turn Left (Facing 9 o'clock)
3 & 4 Cross Right over Left. Step Left to Left. Cross Right over Left
5 & 6 Touch Left heel forward. Step Left beside Right. Touch Right heel forward (body will be angled to face Left diagonal)
& Step Right beside Left making quarter turn Left (Facing 6 o'clock)
7 ? 8 Walk forward Left. Right

Forward rock & cross. Back. & cross. Back. Touch back. Half turn Left

1 ? 2 Rock forward on Left. Recover onto Right
& 3 ? 4 Step back on Left (small step). Cross Right over Left. Step back on Left
& 5 ? 6 Step back on Right (small step) Cross Left over Right. Step back on Right
7 ? 8 Touch Left toe back. Pivot half turn taking weight onto Left foot (Facing 12 o'clock)

Right rocking chair. Right heel grind quarter turn Right. Coaster step

1 ? 4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left
5 ? 6 Touch Right heel forward. Grind Right heel turning quarter Right (weight on Left)(Facing 3 o'clock)
7 & 8 Step back on Right. Step Left beside Right. Step forward on Right

Forward rock. Shuffle back. Back rock. Step. Pivot half turn Left

1 ? 2 Rock forward on Left. Recover onto Right
3 & 4 Step back on Left. Step Right beside Left. Step back on Left
5 ? 6 Rock back on Right. Recover onto Left
7- 8 Step forward on Right. Pivot half turn Left (Facing 9 o'clock)

Start again