

Within You'll Remain!

COPPER KNOB
STEPSHEETS

拍數: 120 牆數: 1 級數: Intermediate
編舞者: Elke Weinberger (NL)
音樂: Within You'll Remain - Tokyo Square



Note : To
enhance the
styling of this
dance, dance
with ?Rise and
Fall?
incorporating
the appropriate
usage of the
balls of feet,
heel leads and
other dance
techniques.

**FORWARD, ½
LEFT SWEEP
TURN,
TWINKLE
PATTERN, ½
LEFT TWINKLE
TURNING
PATTERN**

1-2 : Step left
forward,
execute ½ turn
left as you
sweep right
around
3-5 : Cross right
over right, step
left to left, step
right to right
6-8 : Cross left
over right,
execute ¼ turn
left and then
step right back,
execute another
¼ left and then
step left to left

**CROSS ROCK,
RECOVER, ¼
RIGHT, PIVOT
½ RIGHT
TURN,
FORWARD
SLIDE, DRAG,
STEP**

9-11 : Cross
rock right over
left, recover
weight onto left,
execute $\frac{1}{4}$ turn
right and then
step right
forward

12-14 : Step left
forward, pivot $\frac{1}{2}$
turn right, slide
left forward
(taking long
step)

15-16 : Drag
right towards
left, end the
drag beside left
and step weight
onto it

**17-32 : Repeat
counts 1-16.**

**BACK SLIDE,
TOGETHER
SLIDE, CROSS,
SIDE TOUCH,
 $\frac{1}{2}$ RIGHT
MONTEREY
TURN SIDE
TOUCH,
WEAVE, SIDE
SLIDE, DRAG**

33-34 : Slide left
back, drag right
towards left and
then step weight
onto it beside
left

35-36 : Cross
left over right
(taking small
step), touch
right toe to right

37-38 : Execute
 $\frac{1}{2}$ turn right and
then step right
beside left,

touch left to left

39-41 : Cross
left over right,
step right to
right, cross left
behind right

42-44 : Slide
right to right
(taking long
step), drag left
towards right,
end the drag
beside right with
left toe touch

**¾ LEFT
TURNING
WALTZ
PATTERN,
DRAG,
FORWARD, ½
RIGHT
TURNING
WALTZ
PATTERN,
DRAG,
FORWARD
LOCK STEPS,
¼ LEFT
SWEEP TURN**

45-46 : Execute
¼ turn left and
then step left
forward,
execute another
½ turn left and
then step right
back

47-48 : Slide left
back, drag right
towards left and
then touch it in
front of left

49-50 : Step
right forward,
execute ½ turn
right and then
step left back

51-52 : Slide
right back, drag
left towards
right and then
touch it in front
of right

53-56 : Step left
forward, lock
step right
behind left, step
left forward,
execute ¼ turn
left as you
sweep right
around

**CROSS,
DIAGONAL
ROCK,
RECOVER,
BEHIND, SIDE,
DIAGONAL
SLIDE, PIVOT
½ LEFT TURN**

57-59 : Cross
right over left
(taking small
step), rock left
towards left
diagonal (taking
big step),
recover weight
onto right
60-62 : Cross
left behind right
(taking small
step), step right
to right (taking
small step),
slide left
towards left
diagonal (taking
long step)
63-64 : Step
right forward,
pivot ½ turn left
(weight ends on
left)

**CROSS, SIDE
TOUCH,
CROSS SIDE
TOUCH,
SAILOR
CROSS, ½
LEFT UNWIND
TURN**

65-66 : Cross
right over left
(taking small
step), touch left
toe to left
67-68 : Cross
left over right
(taking small
step), touch
right toe to right
69-71 : Cross
right behind left,
step left to left,
cross right over
left
72 : Unwind ½
turn left (weight
remains on
right)

**CROSS, SIDE
TOUCH,
CROSS SIDE
TOUCH,
SAILOR
CROSS, ½
RIGHT
UNWIND
TURN**

73-74 : Cross
left over right
(taking small
step), touch
right toe to right
75-76 : Cross
right over left
(taking small
step), touch left
toe to left
77-79 : Cross
left behind right,
step right to
right, cross left
over right
80 : Unwind ½
turn right
(weight remains
on left)

**FORWARD,
SWEEP,
FORWARD,
SWEEP, ½
LEFT TURNING
JAZZ BOX**

81-82 : Step
right forward
(taking small
step), sweep left
around from
back to front
83-84 : Step left
forward (taking
small step),
sweep right
around from
back to front
85-88 : Cross
right over left,
cross left over
right, step right
back as you
execute ¼ turn
left, execute
another ¼ turn
left and then
step left beside
right

**FORWARD,
FORWARD
ROCK,
RECOVER, ½
LEFT TURN,
FORWARD, ¾
RIGHT TURN,
SIDE SLIDE,
DRAG**

89-91 : Step
right forward,
rock left
forward, recover
weight onto
right

92-94 : Execute
½ turn left and
then step left
forward, step
right forward,
execute ½ turn
right and then
step left back

95-96 : Execute
another ¼ turn
right and then
slide right to
right (taking
long step), drag
left towards
right and then
touch it beside
right

**¼ LEFT,
SWEEP,
FORWARD,
SWEEP, ½
RIGHT
TURNING JAZZ
BOX**

97-98 : Execute
¼ turn left and
then step left
forward (taking
small step),
sweep right
around from
back to front

99-100 : Step
right forward
(taking small
step), sweep left
around from
back to front

101-104 : Cross
left over right,
cross right over
left, step left
back as you
execute $\frac{1}{4}$ turn
right, execute
another $\frac{1}{4}$ turn
right and then
step right
beside left

**FORWARD,
FORWARD
ROCK,
RECOVER, $\frac{1}{2}$
RIGHT TURN,
FORWARD, $\frac{3}{4}$
LEFT TURN,
SIDE SLIDE,
DRAG**

105-107 : Step
left forward,
rock right
forward, recover
weight onto left
108-110 :

Execute $\frac{1}{2}$ turn
right and then
step right
forward, step
left forward,
execute $\frac{1}{2}$ turn
left and then
step right back

111-112 :
Execute another
 $\frac{1}{4}$ turn left and
then slide left to
left (taking long
step), drag right
towards left and
then touch it
beside left

**MODIFIED $\frac{1}{2}$
RIGHT
TURNING
WALTZ
PATTERN, $\frac{1}{4}$
RIGHT
TURNING
WALTZ
PATTERN,
BACK TOUCH,
 $\frac{1}{2}$ RIGHT
PIVOT TURN**

113-115 :

Execute a sharp
¼ turn right and
then step right
forward as you
execute another
¼ turn right,
step left beside
right, step right
in place

116-118 : Step
left back as you
execute ¼ turn
right, step right
beside left, step
left around in
place

119-120 : Touch
right toe back,
pivot ½ turn
right (weight
ends on right)

REPEAT
