

O Ma Ma

拍數: 36 牆數: 2 級數: Improver
編舞者: Kate Sala (UK) & Robert Lindsay (UK) - May 2005
音樂: Luna Mezz 'O Mare - Patrizio Buanne : (CD: The Italian)



Start on vocals

[1-8] R Vine, 1/2 Turn R, Hitch, Walk Back, Hitch

- 1-2 Step right to right side. Cross step left behind right.
- 3-4 Turn 1/4 right stepping forward on right. Turn 1/4 right on ball of right hitching left knee.
- 5-8 Walk back left, right, left. Hitch right knee.

[9-16] 'Swing Ya Pants'. Forward Step Clap. Back Step Slap

- 9-10 Step right to the right side. Touch left next to right.
- 11-12 Step left to the left side. Touch right next to left.

Styling - For counts 9-12 swing your arms right then left as if swinging your pants

- 13-14 Step forward on the right. Partners clapping right hands together while bending the left knee and lifting left foot up behind.
- 15-16 Step back on the left. Hook right foot behind left slapping it with the left hand.

[17-26] Side Touch, Heel Dig, Back Touch, Pivot 1/2 Turn, Step 1/2 Pivot, 'I Dip, You Dip'

Before starting this dance each partner has to decide who is dipping first and who goes second

- 17&18 Touch right toe to right side. Step right next to left. Dig left heel forward.
- &19,20 Step left next to right. Touch right toe back. Pivot 1/2 turn right.
- 21-22 Step forward on left. Pivot 1/2 turn right.
- 23-24 First partner dips down bending the knees and straightens up while second partner holds.
- 25-26 Second partner dips down bending the knees and straightens up while first partner holds.

[27-36] Shuffle Linking Arms, Shuffle Turn R x 3. Rock Back

- 27&28 Partners shuffle towards each other on right, left, right linking right arms together.
- 29-34 Three more shuffles travelling clockwise returning to original place with arms still linked.
- 35-36 Rock back on right, recover on left.

Start again, have a laugh and have fun - we did!!