Going All The Way



拍數: 64 牆數: 4 級數: Intermediate 編舞者: Teresa Lawrence (UK) & Vera Fisher (UK) - October 2004 音樂: We Went As Far As We Felt Like Going - The Pussycat Dolls



Start Time & BPM: Start 16 counts in. They will sing, "I dig you, you dig me". First step will be on the word "I".

STEP SIDE. CROSS ROCK REPLACE. CHASSE ¼ TURN. PIVOT ½. TRIPLE 1/2

1 Step L to L side

2-3 Cross rock R over L, replace weight on L

4&5 Chasse R to R side, making 1/4 turn R (3 o'clock)

6-7 Step fwd on L, pivot ½ turn R (9 o'clock)

8& Triple 1/2 turn R on the spot stepping L.R.L (3 o'clock)

STEP BACK SLIDE. BALL STEP. WALK WALK ROCK & CROSS

2-3-4 Big step back on R, slide L up to R over 2 counts

&5 Step back on ball of L, step fwd on R

6-7 Walk fwd L,R

8&1 Rock L to L side, replace weight on R, cross L over R

1/4 TURN X2. SHUFFLE FWD, SWAY SWAY SHUFFLE FWD

2-3 Making ¼ turn L, step back on R, making ¼ turn L step L to L side (9 o'clock)

4&5 Shuffle fwd on R

6-7 Small step fwd on L swaying weight onto it, sway weight back onto R

8&1 Shuffle fwd on L

SIDE TOUCH X3 ROCK & CROSS

Step R to R side, touch L toe out to L side while slightly turning body to L corner
Step L to L side, touch R toe out to R side while slightly turning body to R corner
Step R to R side, touch L toe out to L side while slightly turning body to L corner

(Option, small snake rolls to sides with the toe touch)

8&1 Side rock L to L side, replace weight on R, cross L over R

ROCK FWD REPLACE. R LOCK BACK. SWEEP 1/4 STEP. ROCK BACK .STEP SIDE

2-3 Rock fwd on R to slight R diagonal, replace weight back on L

4&5 R lock back, stepping R.L.R

6-7 Making ¼ turn L sweep L toe out to L side, step back on L (6 o'clock)

8&1 R ock back on R, replace weight fwd on L, step R to R side

OVER SIDE. SAILOR X2

2-3 Cross L over R, step R to R side

4&5 Sailor step L.R.L

6-7 Cross R over L, step L to L side

8&1 Sailor step R.L.R

HOLD BALL STEP X2 OVER SIDE SAILOR 1/4 TURN

2&3 Hold, bring L up to R, step R to R side (Option. you can add a hip roll)
4&5 Hold, bring L up to R, step R to R side (Option. you can add a hip roll)

6-7 Cross L over R, step R to R side

8&1 Sailor ¼ turn L (9 o'clock)

WALK WALK MAMBO FWD 2 WALKS BACK ROCK BACK REPLACE

2 3 Walk fwd R, L 4&5 Mambo fwd on R Rock back on L, replace weight fwd on R.