Poison Paradise



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Scott Blevins (USA)

音樂: Toxic (feat. Ol' Dirty Bastard & Tiggers) - Mark Ronson : (CD: Version - Clean

Version - iTunes)



Count in: Start 36 counts from first beat, after he says "Oo Oo I'm burnin' up".

Step	1-8
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1,2 Point R foot to R side, bending L knee slightly; Step R foot across and in front of L foot.
3&4 Rock L foot to L side; Recover to R foot; Step L foot across and in front of R foot.
5,6 Make a 1/4 turn R Rocking forward on R foot (facing 3 O'clock); Recover to L foot.

7&8 Make a 1/4 turn R stepping forward on R foot; Make a 1/2 turn R stepping back on L foot;

Make a 1/4 turn R stepping R foot to R side.

(This triple step is traveling R and slightly back ona diagonal)

Step 9-16

1,2 Walk forward on L foot; Walk forward on R foot. (This is the start of a 1/2 turn walk around to

the L. You should be turning slightly left as you step on the R foot.)

3&4 Continue walking forward L-R-L to finish the half turn L. (These three steps are small steps

NOT a shuffle!) (facing 9 O'clock)

5 Step R foot forward, toe out, prepping for R turn.

6&7 Make a 1/2 turn R stepping back on L foot; Make a 1/2 turn R stepping forward on R foot;

Step forward on L foot.

8 Rock forward on R foot.

Step 17-24

&1,2 Recover to L foot; Step R foot next to L foot pushing hips back; Step forward on L foot.
3&4 Rock forward on R foot; Recover to L foot; Make a 1/4 turn R stepping R foot to R side.
5,6 Step L foot across and in front of R foot; Make a 1/2 turn R stepping R foot across and in

front of L foot.

7&8 Make a 1/4 turn R stepping back on L foot; Take a small step back on R foot; Step L foot

back, locking over and in front of R foot.

Step 25-32

1,2 Make a 1/4 turn R, rocking a large step to R side; Recover to L foot.

3&4 Make a 1/2 turn L stepping R foot to R side; Step L foot across and in front of R foot; Rock a

large step to R side.

5,6 Recover to L foot; Step forward on R foot.

7,8& Pivot 1/2 turn L, taking weight on L; Make a 1/4 turn L, stepping R foot to R side; Step L foot

next to R foot. (facing 9 O'clock)

Begin Again and Enjoy!