

# Rock With You

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate (EC Swing)  
編舞者: Michael Barr (USA)  
音樂: Rock With You Now - The Bama Band : (CD: Takin' Off The Edge)



Intro:: 32 counts.

**Alternative Music: Any East Coast Swing music you like will do just fine.**

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|--------|--|
| 1 – 8  | SHUFFLE RIGHT, ROCK STEP – SHUFFLE LEFT, ROCK STEP   |
| 1 & 2  | Step R foot side right; Step L foot beside right; Step R foot side right                           |
| 3 – 4  | Step (rock) back on L foot; Return weight to R foot in place                                       |
| 5 & 6  | Step L foot side left; Step R foot beside left; Step L foot side left                              |
| 7 – 8  | Step (rock) back on R foot; Return weight to L foot in place                                       |
| 9 – 16 | SHUFFLE RIGHT 1/4 TURN LEFT, ROCK STEP – SHUFFLE 1/2 TURN RIGHT, ROCK STEP                         |
| 1 & 2  | Step R foot side right; Step L foot beside right; Turn ¼ left, stepping back on R foot             |
| 3 – 4  | Step (rock) back on L foot; Return weight to R foot in place                                       |
| 5 & 6  | Turn ¼ right stepping L foot side left; Step R foot beside left; Turn ¼ right stepping L foot back |
| 7 – 8  | Step (rock) back on R foot; Return weight to L foot in place                                       |

**Note: On wall 5 there is a restart after you complete this set of 8 counts (see below).**

- |       |  |
|-------|--|
| 17–24 | STEP, HOLD, STEP, STEP HOLD – ROCK, RETURN, COASTER STEP   |
| 1 – 2 | (1) Step R foot forward; (2) Hold  |
| &3-4  | (&) Step L foot next to right instep; (3) Step R foot forward; (4) Hold  |
| 5 – 6 | Step (rock) L foot forward; Return weight to R foot in place   |
| 7 – 8 | Step L foot back; Step R foot (back) next to left; Step L foot forward   |
| 25–32 | TOUCH, TOUCH, SAILOR STEP – SYNCOPATED VINE RIGHT  |
| 1 – 2 | Touch R forward; Touch R side right  |
| 3 & 4 | Step ball of R behind left; Step L next to right; Step R side right and slightly forward on the right diagonal |
| 5&6&  | Step L behind right; (&) Step R side right; Step (cross) L in front of right; (&) Step R side right            |
| 7 & 8 | Step L behind right; (&) Step R side right; Step (cross) L in front of right                                   |

**BEGIN AGAIN!**

**Restart: During wall 5, restart the dance after count 16. You will be facing the 3 o'clock wall.**

**Reminder: Wall 5 starts facing the 12 o'clock wall but counts 1-16 bring you to the 3 o'clock wall.**