Rhythm Is a Dancer



拍數: 64 牆數: 4 級數: Intermediate

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音樂: Rhythm Is a Dancer - Snap!



Count in: 64 counts BPM 124

MAKE 1/4 TURN LEFT, LEFT SHUFFLE, PIVOT 1/2 TURN LEFT, SHUFFLE 1/4 TURN, STEP LEFT, STEP RIGHT.

1&2	Make 1/4 Turn Left Shuffling Forward Left, Right, Left,
3-4	Step Forward on Right, Pivot 1/2 Turn Left, (weight on left)

Step Forward on Right, Bring Left beside Right, Make a 1/4 Turn Left on Right,

7-8 Step Left Diagonally Left, Step Right Diagonally Right,

JAZZ BOX SIDE STEP, STEP FORWARD, FULL TURN HITCH RIGHT, SHUFFLE FORWARD

1-2	Cross Left Over Right, Step Back on Right,
3-4	Step Left To Left, Step Forward on Right,

5-6 Cross Left Over Right, Make a Full Turn Right Hitching Right in Front Of Left,

7&8 Shuffle Forward Right, Left, Right,

ROCK RECOVER, 1/2 TURN LEFT, SHUFFLE FORWARD, STEP RIGHT HOLD, & LOCK & LOCK,

1-2	Rock Forward on Left, Recover Weight on Right,
3&4	Make 1/2 Turn Left Shuffle Forward Left, Right, Left,

5-6 Step Forward On Right, Hold,

&7&8 Step Left Behind, Step Forward on Right, Step Left behind Right, Step Forward on Right, (6

o'clock)

PIVOT 1/2 TURN RIGHT, PIVOT 1/4 TURN RIGHT, HIP BUMPS FORWARD X 2

1-2	Step Forward on Left, Pivot 1/2 Turn Right, (Weight on Right)
3-4	Step Forward on Left, Make 1/4 Turn Right taking Weight on Right,
5&6	Hip Bumps Forward Left, Right, Left.

7&8 Hip Bumps Forward Right, Left, Right, (3 o'clock)

CROSS POINT, MONTEREY, TOUCH BACK, KICK & CROSS, POINT,

1-2	Cross Left Over R	iaht. Point Riaht 1	o Riaht Side.

3-4 (Monterey) Make 1/2 Turn Right Bringing Right beside Left, Pointing Left to Left Side,

5 Touch Left Slightly Behind Right,

6&7 Kick Left To Left Side, Bring Left beside Right, Cross Right over Left,

8 Point Left to Left Side, (9 o'clock)

BEHIND SIDE, CROSS SHUFFLE, POINT, TOUCH, KICK & CROSS

1-2 Step Left Behind Right, Step Right to Right,

3&4 (cross shuffle) Cross Left Over Right, Step Right To Right, Cross Left Over Right,

5-6 Point Right to Right Side, Touch Right Slightly Behind Left,

7&8 Kick Right to Right Side, Step Right beside Left, Cross Left over Right,

SIDE ROCK, CROSS SHUFFLE, ROCK FORWARD, RECOVER, 1/2 TURN SAILOR STEP

1-2	Step Right To Right Side, Recover Weight on Lef	t.

3&4 (cross shuffle) Cross Right Over Left, Step Left To Left, Cross Right Over Left,

5-6 Rock Forward on Left, Recover Weight on Right,

7&8 Step Left Behind Right and Make 1/2 Turn Left, Step Right to Right Side, Step Left to Left

Side, (3 o'clock)

ROCK FORWARD, RECOVER, AND HEEL HOLD, & HEEL HOLD, ROCK, RECOVER

1-2	Rock Forward on Right, Recover Weight on Left,
8.3_1	Stan Right Next to Left Cross Left Heel over Right

&3-4 Step Right Next to Left, Cross Left Heel over Right, Hold,&5-6 Step Left Next to Right, Cross Right Heel over Left, Hold,

&7-8 Step Right Next to Left, Rock Forward on Left, Recover Weight on Right (3o'clock)