Sassy Shoorah



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Wendy Theron (SA) - July 2007 音樂: Shoorah Shoorah - Andrew Young



There is a very long 48-count introduction. Listen for the alto sax, 16 counts from that point. Begin a split second before the first word, 'You've'

1 – 8 1&2 3&4 5-6 7&8	KICK BALL CHANGE, SIDE ROCK AND CROSS, SIDE ROCK, RIGHT CROSS SHUFFLE Kick left foot forward, step left in place, step right in place Rock left to left side, recover weight on right, cross step left over right Rock right to right side, recover weight on left Cross step right over left, step left to left side, cross step right over left
9 – 16 1-2 3-4 5&6 7-8	1/4 TURN, STEP LONG FORWARD WITH BODY ROLL, HEEL GRIND WITH 1/4 TURN, COASTER STEP, STEP FORWARD LEFT, HOLD Make a 1/4 turn left stepping forward, slide right foot to left with body roll Dig right heel beside left, grind heel 1/4 turn right, weight ends back of left Step back right, step left beside right, step forward right. Step forward left, hold
17 – 24	RUMBA BOX
1-2	Step right to right side, step left beside right
3-4	Step right back, hold.
5-6	Step left to left side, step right beside left
7-8	Step left forward, hold
25 – 32	1/2 MONTERY RIGHT, 1/4 KNEE ROLL TURNS RIGHT X 2
1-2	Touch right toe to right side, make half turn right, bringing right beside left
3-4	Touch left toe to left side, step left beside right
5-8	Roll right knee, turning a 1/4 right. Repeat.
33 – 40	HEEL JACK, HEEL JACK, RIGHT FORWARD LONG STEP WITH BODY ROLL, HOLD
&1&2	Step right foot slightly back, touch left heel forward, step left beside right, step right beside left
&3&4	Step left foot slightly back, touch right heel forward, step right beside left, step left beside right
5-8	Step right forward, slide left to right foot with body roll, hold
41 – 48	LEFT SYNCOPATED ROCK STEP, RIGHT SYNCOPATED ROCK STEP, LEFT FORWARD LONG STEP WITH BODY ROLL, HOLD
1&2	Rock forward on left foot, recover weight to right, rock forward on left
3&4	Rock forward on right foot, recover weight to left, rock forward on right
5-8	Step left forward, slide right to left foot with body roll, hold
49 – 56	HIP ROLLS RIGHT (TWICE, CLOCKWISE - 2 COUNTS EACH), BACK ROCK, TOUCH, HOLD
1-4	Hip rolls right (twice, clockwise - 2 counts each)
5-8	Right foot rock back, recover weight on left, step right beside left, hold
E7 64	2/A CDOSS LINIMIND DICHT 4/2 DIVOT TUDNI 4/2 CDOSS LINIMIND LIOLD
57 – 64	3/4 CROSS UNWIND, RIGHT 1/2 PIVOT TURN, 1/2 CROSS UNWIND, HOLD
1-2	Cross left behind right, unwind 3/4 turn left (weight ends on left)

3-4 Pivot 1/2 turn left stepping forward on right foot
5-8 Cross right over left, unwind 1/2 turn left (weight ends on right), hold

Tag After dancing the dance twice, at 6 o'clock, dance the following 8-count tag.

1 – 8 LEFT ROCK FORWARD, 1/2 TRIPPLE TURN X 2

1-4 Rock forward on left, replace weight on right, 1/2 triple turn left (left, right, left)
5-8 Rock forward on right, replace weight on left, 1/2 triple turn right (right, left, right)

Tag at end of dance

At the end of the fourth wall, repeat steps 41 - 48 until someone fades the music..