

Thanks A Lot

拍數: 32 牆數: 4 級數: Improver
編舞者: Robbie McGowan Hickie (UK) - November 2007
音樂: Thanks a Lot - Martina McBride : (CD: Timeless)



Intro: 16 Counts

Alternative: "1-2-3" by Ann Tayler (90/180 bpm...8 Count intro from Heavy Beat – Start on Vocals)
CD..."Home To Louisiana" ... Available on Download: Website

Syncopated Vine Right. Right Scissor Step. Left Side. Together. Forward. Step. Pivot Full Turn Left.

1& Step Right to Right side. Cross Left behind Right.
2& Step Right to Right side. Cross step Left over Right.
3&4 Step Right to Right side. Slide/Close Left beside Right. Cross step Right over Left.
5&6 Long Step Left to Left side. Close Right beside Left. Step forward on Left.
7&8 Step forward on Right. Pivot 1/2 turn Left. Turn 1/2 turn Left stepping back on Right.

Easier Option: Counts 7&8 above...7. Rock forward on Right. &. Rock back on Left. 8. Step back on Right.

Sweep. Behind. Side. Cross. Side Rock & 1/4 Turn Left. Left Lock Step. Brush. Right Lock Step. Brush.

&1 Sweep Left out and around from front to back. Cross Left behind Right.
&2 Step Right to Right side. Cross step Left over Right.
3&4 Rock Right out to Right side. Recover weight on Left turning 1/4 turn Left. Step forward on Right.
5&6& Step forward on Left. Lock step Right behind Left. Step forward on Left. Brush Right forward.
7&8& Step forward on Right. Lock step Left behind Right. Step forward on Right. Brush Left forward. ***

*** Restart Here + Additional Steps When Using The Music 1-2-3 ... See Below.

Paddle 1/2 Turn Right x 2. Forward Rock & Step Back. Right lock Step Back. Hitch. Left Coaster Cross.

1& Step forward on Left. Paddle turn 1/2 turn Right.
2& Step forward on Left. Paddle turn 1/2 turn Right. (Facing 9 o'clock)
3&4 Rock forward on Left. Rock back on Right. Step back on Left.
5&6& Step back on Right. Lock step Left across Right. Step back on Right. Hitch Left knee up.
7&8 Step back on Left. Step Right beside Left. Cross step Left over Right. (Facing 9 o'clock)

Easier Option: Counts 1&2& above...Left Rocking Chair.

Syncopated Rumba Box. Step. Pivot 1/2 Turn Left. Step. Left Scissor Step.

1&2 Step Right to Right side. Close Left beside Right. Step Back on Right.
3&4 Step Left to Left side. Close Right beside Left. Step Forward on Left.
5&6 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right.
7&8 Step Left to Left side. Slide/Close Right beside Left. Cross step Left over Right. (Facing 3 o'clock)

Start Again

Note: When using the music "1-2-3" by Ann Tayler ... 2 x Tags & 1 Restart is needed as follows:

TAG 1: END of Wall 1 (Facing 3 o'clock) ... TAG 2 - END of Wall 3 (Facing 9 o'clock)

RESTART: DURING Wall 6 (Facing 12 o'clock) ... Looks very complicated, but it's soooooo easy!!!!!!

Tags on Wall 1 (Facing 3 o'clock) & Wall 3 (Facing 9 o'clock): Touch Out-In. Touch Out-In.

1& Touch Right toe out to Right side. Touch Right toe beside Left.
2& Touch Right toe out to Right side. Touch Right toe beside Left.

Restart on Wall 6 (Facing 12 o'clock): Dance Up To & Including Count 7&8& on Section 2 – Then....

1& Rock forward on Left. Rock back on Right.

2& Long step back on Left. Slide/Drag Right towards Left – Ending with a Touch.

Start again from the beginning (Facing 12 o'clock Wall).
