Charleston Freeze



拍數: 32 牆數: 2 級數: Novely Easy Beginner

編舞者: A. J. Herbert (USA) & John Robinson (USA) - November 2007

音樂: I Never Really Knew You - Vince Gill: (CD: The Key)



Start with the first downbeat after the vocals begin (you actually start at count 18.) This is a two-step, and we're counting every beat 1-2-3-4 rather than 1&2&3&4. Feel free to try your favorite country or non-country song that inspires "Charleston" steps. NOTE: This dance was choreographed spontaneously on the floor at Cowboys Night Club in Colorado Springs at the welcome dance party for Pikes Peak Line Dance Or Bust!

CHARLESTON STEPS

1,2	R step forward (1), hold (2)
3,4	L kick forward (3), hold (4)
5,6	L step back (5), hold (6)
7,8	R toe touch back (7), hold (8)

CHARLESTON STEPS

1,2	R step forward (1), hold (2)
3,4	L kick forward (3), hold (4)
5,6	L step back (5), hold (6)
7,8	R toe touch back (7), hold (8)

R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, 1/2 TURN LEFT, SCUFF

1,2	R step forward (1), L lock step behind R (2)
3,4	R step forward (3), L heel scuff forward (4)
5,6	L step forward (5), R lock step behind L (6)

7,8 L step forward (7), pivot 1/2 left (6:00) scuffing R heel forward (8)

R STEP, LOCK, STEP, SCUFF, JUMP FORWARD 3X

1,2	R step forward (1), L lock step behind R (2)
3,4	R step forward (3), L heel scuff forward (4)
5,6	Feet together, weight on balls of feet, small jump forward (5)

5), jump again (6)

Jump one more time landing with weight on L (7), hold (8) 7,8

START AGAIN AND ENJOY!

EASY RESTARTS: When dancing to "I Never Really Knew You" by Vince Gill, you will hear several breaks (when the music just stops); at those times you'll do just the first jump, then freeze (hold) and start over from the beginning when the music starts again.