

No More Roses

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Evelyn Cooper Dunedin (NZ) - September 2007
音樂: Bring Me No More Roses - Donna Fisk



START DANCE ON WORD ROSES (Song length 3min 10sec)

(1 – 8) R TOE, HEEL, SHUFFLE R, L TOE, HEEL, SHUFFLE L

1,2,3&4 Touch R toe to left instep, Touch R Heel to left instep, Shuffle to right side RLR
5,6,7&8 Touch L toe to right instep, Touch L Heel to right instep, Shuffle to left side LRL

(9 – 16) BACK SWING, BACK SWING, BACK, FWD, FWD, SCUFF L

1,2,3,4 Step R back, Swing L from front to back, Step onto L, Swing R from front to back
5,6,7,8 Step onto R, step L fwd, Step R fwd, Scuff L to left side

(17 – 24) VINE L, ROCK BACK, VINE R

1,2,3,4 Step onto L, step right behind L, step L to left, cross R over L
5,6,7,8 Rock back onto L, step R to right, cross L over R, step R to R

**(25 – 32) (Continue) VINE R, ROCK BACK, 1/4 TURN R STEP BACK, 1/4 TURN R
STEP R, STEP L, TOUCH**

1,2,3,4 Step L behind R. step R to right, cross L over R, rock back onto right
5,6,7,8 Making 1/4 turn right step back onto L, 1/4 turn right stepping R to right side, step onto L,
TOUCH R next to L

(33 – 40) WALK FWD, HITCH L 1/4 TURN R, BACK, BACK, BACK COASTER

1,2,3,4 Walk fwd RLR, hitch L leg up making 1/4 turn right on R foot, (keeping weight on R)
5,6,7&8 Step L back, Step R back, Step L back, Step R beside L, step L fwd (coaster)

(41 – 48) (45deg R) FWD, LOCK, SHUFFLE, (45deg L) FWD, LOCK, SHUFFLE

1,2,3&4 (Turn to 45deg right) step R fwd, lock L behind R, shuffle fwd RLR
5,6,7&8 (Turn to 45deg left) step L fwd, lock R behind L, shuffle fwd LRL

(49 – 56) (Centre) FWD. ROCK BACK, 3/4 TURN R, FWD, ROCK BACK, 3/4 TURN L

1,2,3&4 (1/8 turn R back to centre) Step R fwd, rock back onto L, Make 3/4 turn right triple step RLR
5,6,7&8 Step L fwd, rock back onto R, Make 3/4 turn left triple step LRL

(57 – 64) BACK, LOCK, TOUCH 1/2 TURN, HEEL SWITCHES, TOUCH

1,2,3,4 Step back on R, lock L in front of R, touch R toe behind L Make 1/2 turn right (keeping weight on R)
5&6&7&8 Touch L heel fwd, step L back beside R, touch R heel fwd, step R back beside L Touch L heel fwd, step L back beside R, TOUCH R beside L

(64) - Start dance in new direction

Restart:

On the 4th vanilla dance to count 32 (Touch R beside L) (this occurs facing 3o'clock wall)

Restart from beginning count 1.