

Take Control

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Robert DeLong (USA) - September 2007
音樂: Slow Dance - Natalie : (Album: Everything New)



Start on vocals after 32 count intro

Cross, Rock-Recover-Cross, Step Side, bump L-R-L, Step Back, Coaster ¼ Cross

- 1 Cross R slightly over left
- 2&3 Step L to L side, Recover on R, Cross L over R
- 4 Step R to R side
- 5&6 Bump hips L-R-L, Weight ends on L
- 7 Step Back on R
- 8&1 Step Back on L, Together with R, Forward on L with ¼ turn L crossing over R (9:00)

Rock-Recover, Side-Behind-Side, Step-Touch, Right Triple with Left Flick

- 2, 3 Rock R to R side, Recover on L
- 4&5 Step R behind L, Step L to L side, Cross R over Left
- 6, 7 Step L to L side, Touch R toe next to L
- 8&1 Step R to R side, Step Together with L, Step R to R side flicking L out to Left

Cross-Rock, step back, Cross-back-side, cross rock-side rock, cross & cross

- 2&3 Cross rock L over R, Recover on R, Step back on L slight angle (7:30)
- 4&5 Cross R over left, Step back on L, Step R to right side squaring off to 9:00
- 6&7& Cross rock L over R, Recover on R, Rock L to L side, Recover on R
- 8&1 Cross L over R, Step R to R side, Cross L over R

Make ¼ Turn, ¼ Turn, Right Triple, Rock-Recover, Point & Point Hitch...

- 2, 3 Step back on R turning ¼ L (6:00), step L forward turning ¼ L (3:00)
- 4&5 Triple to R side, R-L-R
- 6&7& Rock L behind R, Recover on R, Point L toe to L side, Step L next to R
- 8& Point R toe to R side, Hitch R knee over L...

Begin again!
