

# Sha La La

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner

編舞者: Max Perry (USA) - September 2007

音樂: Sha La La La (Make Me Happy) - Al Green : (CD: Make Me Happy Greatest Hits)



Or Music: L.O.V.E. by Al Green "Greatest Hits"

## A: Sugar Push with Kick Ball Change

1,2              Step R forward, Step L forward  
3&4              Step R up to L (3rd position), Step L in place, Step back  
5&6              Step L back, Step R next to L, Step L forward (coaster step)

**Note: You may also dance an "anchor" step instead of the coaster step**

7&8              Kick R forward, Rock R back with ball of foot, Step L in place

## B: 1/4 Pivot Turn, Crossing Shuffle, Weave Left

1,2              Step R forward & turn 1/4 left, Step L in place  
3&4              Cross R in front of L, Step L to left side, Cross R over L  
5,6,7              Step L to left side, Cross R behind L, Step L to left side,  
8                  Cross R over L

## C: Side Rock, Turning Sailor Shuffle, Forward & Back Rock Steps

1,2              Rock Step L to left side, Step R in place (recover)  
3 & 4              Cross L behind R, Step R in place, Step L in place

**(turn 1/4 left over these 3 steps)**

5,6              Rock R forward, Step L in place (recover)  
7,8              Rock R back, Step L in place (recover)

## D: 1/2 Pivot Turn, 1/4 Pivot Turn, Syncopated Touches

1,2              Step R forward & turn 1/2 left, Step L in place  
3,4              Step R forward & turn 1/4 left, Step L in place  
5&              Touch R forward & across L, Step R next to L  
6&              Touch L forward & across R, Step L next to R  
7&              Touch R forward, Step R next to L  
8&              Touch L forward, Step L next to R

**Begin again**