Cleaning House

Intro: 40 counts.

級數: Easy Intermediate

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音 榮:	Breakin'	Dishes -	Rihanna	

ROCK BACK R, RECOVER,	STEP OUT R-L	, TOES IN, OUT	, KICK BALL CHANGE

- 1-2 rock back on R, recover on L,
- 3-4 step out R foot to R side then step out L to L side
- bring toes in (heels out) then both toes out (heels in and weight on L) 5-6
- 7&8 kick forward R, recover on ball of R foot and then change weight to L

TWO ½ PIVOTS, STEP LOCK STEP, STEP OUT L-R

- 1-4 step forward on R, 1/2 turn to L, step forward R, 1/2 turn to L
- 5&6 step forward R, lock L foot behind R, step forward R
- 7-8 step out L to L side then step out R to R side

SAILOR STEP, SAILOR ¼, ROCK FORWARD, RECOVER, ½ SHUFFLES

- 1&2 sailor step (L-R-L),
- 3&4 sailor with 1/4 to the R (R-L-R)
- 5-6 rock forward on L, recover on R
- 7&8 with 1/2 shuffle to the L (L-R-L)

TURN ½ PIVOT, WALK, WALK, V-STEP

- step forward R, 1/2 turn to L 1-2
- 3-4 walk forward R then L
- 5-8 step out diagonal to R then L, bring in R then L

Begin again.

Tags: End of wall 3 and 6: do last eight again End of wall 10: do last eight 3 times

Restart: Wall 9: do first 16 counts (on count 16, touch instead of step)





拍數: 32

牆數:4