

# Unstoppable Thing

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Mikael Mölsä (FIN) - May 2005  
音樂: Can't Stop This Thing We've Started - Bryan Adams : (CD: Waking up the Neighbours)



**Note:** You can start the dance right after Bryan shouts "Yee-a", which is about 8 counts from the start. This is if you want to dance more.

The normal start is just before the vocals, at 0:21.

Or Music: I've Got A Feelin' by Billy Currington (CD: Billy Currington)

## STEP, STEP, REVERSE COASTER STEP, LEFT SHUFFLE BACK, HIP BUMPS

1-2      Step forward on right, step forward on left  
3&4      Step forward right, step left next to right, step right back  
5&6      Shuffle back left-right-left  
7&8&      Bump hips right-left-right-left (weight ends up on left)

## STEP, STEP, SAILOR STEP, STEP BEHIND, ½ UNWIND, HIP BUMPS

1-2      Step forward on right, step forward on left  
3&4      Step right behind left, step left next to right, step right to right side  
5-6      Step left behind right, unwind a ½ to left (weight ends up on left)  
7&8&      Bump hips right-left-right-right (weight ends up on left)

## KICK BALL TOUCH, KICK BALL TOUCH GOING INTO A SYNCOPATED MONTEREY TURN, ROCK-N-CROSS, STEP

1&2      Kick right forward, step right next to left, touch left to the side  
3&4      Kick left forward, step left next to right, touch right to the side (preparing for the full monterey turn)  
5      Turn a full syncopated monterey turn to right (weight transfers to right)  
6&7      Step left to the side, step weight back to right, step left over right  
8      Step right forward

**Note:** At this point (step 4) u can turn your upper body a bit to the left, so that the following turn (count 5) will be easier to do.

**Option:** If you dislike turning, you can step right next to left on count 5, then continue from the counts 6&7 normally.

## ROCK STEP, ¼ LEFT TURNING SAILOR STEP, WEAVE, FULL UNWIND

1-2      Rock forward on left, step weight back on right  
3&4      (Turning ¼ to the left) Step left behind right, step right next to left, step left to left side  
5-6      Step right over left, step left to the side  
7-8      Step right behind left, unwind a full turn to left (weight ends up on left)

**Option:** On counts 7-8 step right behind left (7), step left next to right. This is for those who don't like to spin.

## REPEAT

**TAG:** There's a 8-count tag after walls 4 and 8. You'll be facing the front wall at the time of the tags. Just do the first set of 8's twice during those walls.