My Girl Sally

拍數: 32

級數: Beginner

編舞者: Audrey Watson (SCO) - January 2008

音樂: Sea Salt Sally - Rick Guard : (Album: Stop it & Dance)

Intro 32 Counts - start on vocals -164 Bpm Potential floor split with Kate Sala's - Sea Salt Sally

FWD TOUCH, BACK TOUCH, BACK TOUCH, FWD TOUCH.

- 1-2 Step fwd on right, touch left next right.
- 3-4 Step back on left, touch right next left.
- 5-6 Step back on right, touch left next right.
- 7-8 Step fwd on left, touch right next left.

ROCK, ROCK, ROCK, HOLD X 2.

- 1-2 Rock fwd on right, recover back on left.
- 3-4 Rock fwd on right, hold for a beat.
- 5-6 Rock fwd on left, recover back on right.
- 7-8 Rock fwd on left, hold for a beat.

SIDE HOLD, CROSS HOLD, SIDE, CLOSE, SIDE, HOLD.

- 1-2 Step right to right side, hold for a beat.
- 3-4 Cross left over right, hold for a beat.
- 5-6 Step right to right side, close left next right.
- 7-8 Step right to right side, hold for a beat.

CROSS ROCK, 1/4 TURN, HOLD, RUN, RUN, RUN, RUN.

- 1-2 Cross rock left over right, recover back on right.
- 3-4 Turn 1/4 left stepping fwd on left, hold for a beat.
- 5-6 Small running step fwd on right, small running step fwd on left.
- 7-8 Small running step fwd on right, small running step fwd on left.

START AGAIN & ENJOY





牆數:4