

# Don't Stop (Mama Se)

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Barry Durand (USA) & Lilia Medina - January 2008  
音樂: Don't Stop the Music - Rihanna : (CD: Good Girl Gone Bad)



## WIZARD STEPS, DRAG, SYNCOPATED WEAVE

- 1-2&3      Step diagonal forward right, cross left behind, forward right, diagonal forward left  
4&5      Cross right behind, forward left, big side step right  
6&7&8      Hold, behind left, side right, in front left, side right with 1/8 turn right

**Easier option:**

**Don't do the syncopated weave, just hold 6, cross behind left, side right**

## CROSS ROCKS TURNING SAILOR

- 1-2-3&4      Turning 1/8 turn right forward left and rock, recover right, sailor turning 1/2 turn to left by hooking left behind right, turning to left stepping on right, finish half turn by stepping on left  
5-6-7&8      Forward right and rock, recover left, sailor turning 1/2 turn to right by hooking right behind left, turning to right stepping on left, finish half turn by stepping on right

**Easier option:**

**Just don't do the turning sailor. It can either be a half turning shuffle or rock recover coaster 2 times and it all ends up in the same place**

## PIVOT TURN SHUFFLE, SIDE ROCK VINE

- 1-2-3&4      Pivot turn (stationary) by stepping forward left, turn 1/2 turn to right stepping on right, shuffle forward left-right-left by stepping forward left, together right, forward left  
5-6-7&8      Rock to side right, recover left, vine left by crossing behind right, side left, cross in front right

## HIP WALKS, FAST MAMBO WITH TURN

- 1-2      Step forward diagonal left with left hip going to side, step forward diagonal right with right hip going to side  
3&4&      Syncopated mambo step with quarter turn by rocking forward left, recover right, rock back left, turn 1/4 turn to right as you recover right  
5&6&      Syncopated mambo step with quarter turn by rocking forward left, recover right, rock back left, turn 1/4 turn to right as you recover right  
7&8      Syncopated mambo step by rocking forward left, recover right, rock back left and get ready to start over

**Easier option:**

**Replace syncopated mambo with paddle turns by rocking forward left, recover right with 1/4 turn right. Do that 2 times and last one do a forward left touch right**

**REPEAT**