Tap Dat



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Todd Lescarbeau (USA) - January 2008

音樂: Tap That (Josh Harris Radio Edit) - Megan McCauley



Intro: 32 counts, start with "rap-spoken words

Rock	recover	coaster-step.	1/2	nivot	furn	v 2
RUCK.	iecovei.	COaster-Step.	/2	DIVUL	will	\mathbf{x}

1, 2	Rock forward on Left foot. Recover onto Right foot.
1, 4	Nock follward off Left 100t. Necover offic Night 100t.

Step back, on Left, step Right beside Left, Step forward on Left.

Step forward on Right, turn ½ left transferring weight to Left foot.

7, 8 Repeat steps 5, 6. (facing 12:00)

Wizard Steps, shuffle, step-hook (figure 4) with 1/4 turn

1, 2 Step Right forward on a diagonal right, Lock Left behind

&3,4 Quickly step Right beside Left, Step Left forward on a diagonal left, Lock Right behind.

&5&6 Quickly step Left beside Right. Shuffle forward R,L,R

7, 8 Step forward on L, Hook Right behind Left calf (figure 4) while turning ¼ to right. (face 3:00) Optional arm movements: extend arms out to 6:00 with palms facing down (left hand will be in front of chest)

Make ¼ turn right, shuffle step, ¾ spiral turn right, side rock, recover, ½ turn, ¼ turn

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1&2	Turning	1/ riaht	ahuffla	forword	וח	_
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3, 4 Step forward on Left, turn ¾ (spiral turn) taking weight on Left foot.

5, 6 Rock to side on Right, recover onto Left

7, 8 Turn ½ to left while stepping to side on Right, Turn ¼ left while stepping to side on Left facing

6:00

Kick-step-touch, kick-step-touch, heel twists, ¼ turn, cross, ½ turn.

1&2	Kick Right foot forward, step Right beside Left. Touch Left to side
3&4	Kick Left foot forward, step Left beside Right. Touch Right to side
5&6	Twist Right heel in-out-in, turning ½ to right on count 6 (facing 9:00)

Optional movement: as you twist heel in out in, follow with head movement looking right-forward-right (5&6)

7, 8 Cross step Right foot over Left. Turn ½ to left as you step forward on Left foot. (now facing

3:00)

Step forward, tap heel 3 times, step forward, tap heel 3 times.

1 – 4 Step forward on Right, Keeping toe in place, raise and drop (tap) heel, 3 times (counts 2,3,4)

5 – 8 Step forward on Left, Keeping toe in place, raise and drop (tap) heel 3 times (counts 6,7,8)

V-step, hip rolls

1, 2 Step forward and out with Right foot, Step forward and out with Left foot

3, 4 Step back on Right, step together on Left

Hand movements: count 3, make a fist with right hand at chest level count 4 press palm of left hand against fist

5 – 8 Rotate hips in a clockwise movement 4 beats/counts

Counts 5 – 8 move hands (palm to fist) in a circular motion (following same movement as hips)

Tap-tap, kick, behind-side-cross, tap-tap, kick, behind-side-cross

1&2	Tap Right toe or	n a diagonal forward	I x 2, kick Right toe out

3&4 Step Right behind Left, step Left to side, cross step Right over Left.

5&6 Tap Left toe on a diagonal forward x 2, kick Left toe out

7&8 Step Left behind Right, Step Right to side, cross step Left over Right

Side Chasse Right, Rock back, Recover, ½ turn pivot, walk forward L, R (or full turn)

1&2 Step Right to side, step Left together, step Right to side

3, 4 Rock back on Left foot, recover onto Right 5, 6 Step forward on Left, pivot ½ turn right

7, 8 Walk forward L, R

Optional full turn: count 7, step forward on Left turning $\frac{1}{2}$ to right, count 8, turn another $\frac{1}{2}$ to right stepping forward on Right.

REPEAT ENTIRE DANCE!