Bam-A-Lam!



拍數: 64

級數: Intermediate Funky Cha

編舞者: Guyton Mundy (USA) & Joey Warren (USA) - January 2008

音樂: Dangerous (feat. Wyclef Jean) - Ying Yang Twins

牆數:2

Stop book	Drag, Step, Cross and Cross, ¼, ½, ½, ½, ¼ weight ending on right
1,2,3	Step L foot back diagonally to left, Drag R foot in to L, Step down on R
4&5	Cross L over R, Step R to right side, Cross L over R
6,7	Turn ¼ left stepping back R (over rotate upper body), Turn ½ left stepping forward L
8&1	Turn ½ left stepping back R, Turn ½ left stepping forward L, Turn ¼ left stepping side R
our	
-	ross Rock, Recover ¼, Step ½, Triple ½
2-3	Roll hips back from left to right ending with weight on L
4&5	Cross rock R over L, Recover on L, Turn ¼ right stepping forward on R
6,7	Step forward on L, Turn ½ right taking weight on R
8&1	Turn ¼ R stepping side L, Lock R back over L, Turn ¼ R stepping back L
Walk Backs	s x2, ¼, ¼, Forward, ½ Pivot, ¼ Cross and Side
2,3	Walk back R, Walk back L
4&5	Step back R, Turn ½ left stepping forward L, Step forward R
6,7	Turn 1/2 left over 2 counts ending with weight on L
8&1	Turn ¼ to right stepping side R, Step L across R, Step side R
1/4 Rock, F	Recover, 1/4 Rock Recover, 1/4 Rock, Recover, Side Step, Sweep ¼, Behind, Forward, Step, Step,
Lock	
2&	Turn ¼ right rocking forward on L foot, Recover weight back on R
3&	Turn ¼ left rocking side on L, Recover weight on R
4&	Turn ¼ right rocking forward on L foot, Recover weight back on R
5-6	Step back on L and sweep R foot from front to behind L
7&8&1	Lock R behind L, Step forward L, Step forward R, Step forward L, Lock R behind L
¾ Unwind,	Side, Together, Push, Push, 3/8 Triple Step (7:30 corner)
2-3	Unwind ³ / ₄ turn to right ending with weight on L
4&5	Step side R, Step together L, Step side R pushing into ball of foot
6,7	Step side L pushing into ball of foot, Step side R pushing into ball of foot
8&1	Triple step L-R-L over left shoulder ending at 7:30 corner
Walks, Side	e Square Up, Shoulder Rocks, Hip Roll, Side Ball-Step
2,3,4	Walk forward R-L-R towards 7:30 corner
5,6	Step side L squaring up to 6:00 wall, Bump hips to right
7-8	Shift weight to L rolling hips counterclockwise back to front ending with weight on R foot
&1	Step together L, Step side R
Touch, Slov	w Motion Step, Walks, ¼ Side, Together, Side and Cross
2, 3-4	Touch L next to R, Pick up L foot and step forward L (think slow motion)
5, 6	Walk forward R-L
7&	Turn ¼ left stepping side R, Step together L
8&1	Rock side R, Recover weight to L, Cross R over L
¼ Sten ¼ I	Back, Side Rock, Recover, Cross, Side Rock, Recover, Cross, Side, Behind
2, 3	Turn $\frac{1}{4}$ left stepping forward L, Turn $\frac{1}{2}$ left stepping back R
4&5	Rock side L. Recover weight to R. Cross L over R

4&5 Rock side L, Recover weight to R, Cross L over R

6&7 Rock side R, Recover weight to L, Cross R over L

8& Step side L, Step R behind L

Begin again.