

Rebel Sailor

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sharon Brizon (UK) - January 2008
音樂: Rebelde Amor - Belle Perez



Alt: Wave On Wave by Pat Green

Intro: 16 counts.

CHASSE, BACK ROCK (R&L)

- 1-2 Step right to right side. Close left beside right. Step right to right side.
- 3-4 Rock onto left behind right. Recover weight on right.
- 5&6 Step left to left side. Close right beside left. Step left to left side.
- 7-8 Rock onto right behind left. Recover weight on left.

HANDBAG STEPS FORWARD X 2, HANDBAG STEPS BACKWARD X 2

- 1-2 Step right foot forward to right diagonal. Touch left beside right.
- 3-4 Step left foot forward to left diagonal. Touch right beside left.
- 5-6 Step right foot backward to right diagonal. Touch left beside right.
- 7-8 Step left foot backward to left diagonal. Touch right beside left.

TOUCH FORWARD, TOUCH SIDE, SAILOR STEP (R & L)

- 1-2 Touch right toe forward. Touch right toe to right side.
- 3&4 Step right behind left. Step left in place. Step right to right side.
- 5-6 Touch left toe forward. Touch left toe to left side.
- 7&8 Step left behind right. Step right in place. Step left to left side.

MAKE ¼ PIVOT TURNS x 2, JAZZ BOX

- 1-2 Step right forward. Pivot ¼ turn left, changing weight onto left.
- 3-4 Step right forward. Pivot ¼ turn left, changing weight onto left.
- 5-7 Step right across left. Step back on left. Step right to right side.
- 8 Close left foot beside right.

Begin again.

Note: This dance can be used as an easier floor split with Rebel Amor for absolute beginners to practice sailor steps